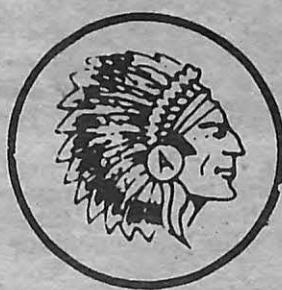
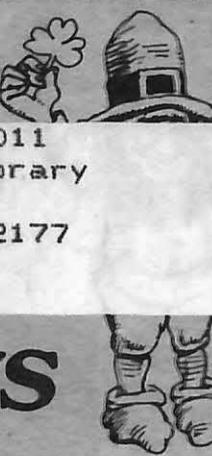




HAPPY ST. PATRICK'S DAY!!!



AGAWAM Advertiser·News



60¢

Volume XXII Number 10

"Your Hometown Newspaper"

March 11, 1999



Thanks To Patrick O'Connor...

Corned Beef Is Spiced With Some Luck O' The Irish

by Kathy Shepard
AAN Feature Writer

Patrick O'Connor set out to retire some years ago, but when Agawam businessman Jerry Coderre asked him to come to work at the Agawam Public Market in Agawam Center, O'Connor accepted. Now he works five days a week and is, according to Coderre (owner of Agawam Public Market), "a likeable guy who makes the best corned beef in Western Massachusetts."

O'Connor's corned beef and spare ribs are ordered from people on Cape Cod and from California - "coast-to-coast," as he puts it - and yet O'Connor is a down-to-earth and easy-going person who opens up easily and is willing to talk about circumstances that led to his present circumstances.

Many years ago, there was a food chain called Mohican Market on the east coast that included 144 stores. They were well-known for their meats. The one in Springfield was famous for its corned beef and that is where O'Connor learned the skill.

In the late 1950's, Louie Ryback bought the "Last of the Mohicans," which became Ryback's Better Foods. O'Connor worked with him, and built up the corned beef market. Their ham was maybe the best to start with. O'Connor explains that the custom of making corned beef actually began years ago. On Saturday nights, the leftover beef from the week was "corned."

Corned beef and spare ribs made by O'Connor grew in popularity. Each year, sales to groups like The Elks, Knights of Columbus, or Holyoke Legion Post 325 would increase. During Holyoke St. Patrick's Parade Week, 500 pounds of corned beef and the same in spare ribs would go to the Elks alone.

Now, people come from many states to the Agawam Public Market to buy corned beef or ribs from O'Connor, especially during the Irish month of March. From Vermont, Connecticut, and Pittsfield, Massachusetts, customers travel for this tasty fare. Folks from California order the food and pay more at times for the overnight postage costs than for the beef.

There are five or six people from the Cape who make the trip to Agawam Public Market about 10 times a year (purchasing in quantity). One family cook makes the voyage from Rhode Island.

Quite A Following
O'Connor has quite a following in town as well. The family atmosphere and small town feel of Agawam Public Market make for an enjoyable stop.

O'Connor states, "There is no comparison between packaged corned beef and the kind made fresh."

SEE CORNED BEEF - Page 2...

"Thanks For Reading To Us, Mommy!"



SCHOOLS ACROSS AMERICA were celebrating "Read Across America" last week. In Agawam, local business people and parents were invited to all four elementary schools to read aloud to the children. One local resident, Denise Moffatt (pictured above), read to her son's second-grade class at Benjamin Phelps Elementary School. Her son, Andy, said, "It was such a special treat having you read to my class, Mommy." Denise said she enjoyed it almost as much! Advertiser News photo by Jack Devine.



CYNTHIA AND PATRICK O'CONNOR OF HOLYOKE. According to Jerry Coderre, owner of Agawam Public Market, Patrick "makes the best corned beef in Western Massachusetts." Advertiser News photo by Jack Devine.

School Committee Sets Dates To Examine Budget

by Kathy Cassanelli
News Editor

Next Tuesday evening, the School Committee will begin a month-long series of workshops to review the spending plan for Agawam's first school budget of the 21st century.

Three budget review meetings have been scheduled on March 16th, March 30th, and April 13th, at 7:00 p.m. in the Middle School auditorium to consider specific areas of the \$22.9 million budget submitted by School Superintendent Frank Ameruoso last week.

The budget reflects an increase of \$899,929, or 4.08 percent, over last year. Ameruoso's budget is slightly over the maximum increase of four percent, which Mayor Christopher C. Johnson told school administrators they could expect from the town. But the increase is much lower than the requests originally submitted to the Central Office by school administrators. Original spending requests would have upped the school budget by \$2.1 million or 9.77 percent.

Considering that the increase in salary accounts for next year will be \$891,732 including degree changes, steps, longevity increase, and the negotiated raise (3.25 percent), the salary ac-

SEE SCHOOL BUDGET - Page 4...

CORNED BEEF - from Page 1...

When asked for some Irish humor, O'Connor revealed that he actually learned the process from a "Frenchman" named Nick Lapointe. O'Connor still sees people who used to frequent Mohican's. The demand gets larger every year.

He has four girls and four boys and lives with his wife in Holyoke. One of his daughters went with her brother to get her daughter in England, and all three of them spent two weeks in Ireland. O'Connor's mother has a sister who lives in a small town outside of Dublin. Family is welcome there. O'Connor has never returned to "the Old Sod" and would choose a trip to California first, to visit his son and enjoy the weather. Someday, perhaps, he will go to Ireland.

To order corned beef or spare ribs from the Agawam Public Market for St. Patrick's Day events, or for other occasions, at least a few days' notice is needed. Orders are filled at any point during the year. O'Connor does not cater, but many people from Springfield's John Boyle O'Reilly Club and Westfield's Sons of Erin take advantage of the already cooked and scrumptious meat for any party or activity.

When in Holyoke for The Parade, or during other St. Patrick's Day festivities, there might be some delicious corned beef. If Patrick O'Connor comes to mind - he probably is the one who made it! And that's no blarney! And after St. Patrick's Day is over, there's more corned beef and spare ribs to be had at Agawam Public Market.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM
BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Auditorium, 68 Main St., Agawam, MA on THURSDAY, MARCH 18, 1999, at 6:30 P.M. for all parties interested in the appeal of RIVERSIDE PARK ENTERPRISES, INC., which is seeking a Special Use Permit in accordance with Section 180-11 of the Zoning Ordinances, which would allow to resurface and make improvements to the existing parking lot, at the premises identified as 1624 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: March 11, 1999



PATRICK AND CYNTHIA O'CONNOR
with Jerry Coderre (far right), owner of
Agawam Public Market. Advertiser News photo by Jack Devine.

*All the hometown
news with us, each
and every week...*

Melconian To Represent Senate At CSG Conference

Senator Linda Melconian's (D-Springfield) new state responsibilities have also brought her an additional regional role. One month after being appointed Senate Majority Leader by Senate President Tom Birmingham, Senator Melconian has been selected to represent the Senate at a Council of State Governments (CSG) Eastern Regional Conference.

According to Senate President Birmingham, "These meetings enable us to learn from the successes and failures of others so that Massachusetts can move ahead with the benefit of that knowledge."

CSG is an organization dedicated to championing excellence in state government, working with state leaders across the nation and through its regions to put the best ideas and solutions into practice. The goals of the policy committees are twofold: enabling participants to exchange information and share experiences and insights, and to advocate regional interests on state-federal issues.

Senator Melconian, who will serve on the Executive Council, looks forward "to this opportunity to learn from others, and share the Massachusetts perspective. My responsibilities as Majority leader encompass shaping leadership priorities and implementing them, so there are a number of ways my position on the Executive Council of this regional committee will be valuable."

Senate President Birmingham appointed her to the Executive Committee because "as the Senate Majority leader, Senator Melconian is well positioned to articulate our goals and share our vision for the Commonwealth. As a legislator who has served on a number of committees, she will also be able to draw on the experience of other states."

The committees will meet once during the CSG summer session and there may be additional dedicated seminars during the year. The bipartisan committees are comprised of legislators and representatives from executive agencies.

The Eastern Regional Conference consists of 10 Northeastern states (the six New England states, Delaware, New Jersey, New York, and Pennsylvania) as well as the District of Columbia, American territories, and Canadian provinces.

Scott M. Hibbert
Attorney at Law

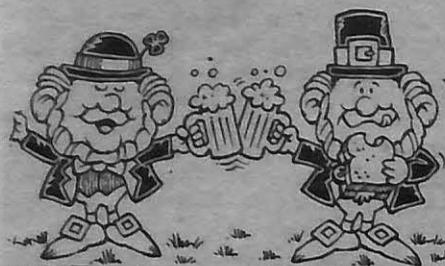
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(Plus Deposit)

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(Plus Deposit)

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Guinness
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Holland
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Amstel Light
Holland
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New Castle
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Seagram's
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Gin
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Less \$3.00 Rebate

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\$12.99

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\$17.99

Tequila Rose
(750 ml.)
\$14.99

Captain
Morgan Rum
(1.75 Ltr.)
\$18.49

Bacardi
Lemon Rum
(750 ml.)
\$9.99

SELECTIONS FOR MARCH WINE SPECIALS

Franzia (5 Ltr. Bag Box)

Mount Burgundy, Merlot, Cabernet, Chardonnay, White
Zinfandel, Chianti, Autumn Zinfandel **\$10.99**

Franzia (5 Ltr. Bag Box)

Mount Chablis, Rhine, Sangria, Chillable Red, White
Grenache, Cuvee, Westfield Red, French Colombard .. **\$7.49**

Korbel Brut Extra Dry California Champagne
(750 ml.) **\$9.49**

Martini & Rossi Asti Spumante (750 ml.) **\$8.99**

Pol Roger Brut Champagne (Imported From France -
750 ml.) **\$23.99**

Hedoes Fume-Chardonnay Washington
(750 ml.) **\$6.99**

Blackstone California Merlot (750 ml.) **\$9.99**

Ernest & Julio Gallo Sonoma Varietal Wines (750 ml.)

Chardonnay, Cabernet, Merlot, Zinfandel, Pinot

Noir **2 For \$16.00**

Foxhorn Vineyards Santa Barbara

Chardonnay, Cabernet, Merlot (1.5 Ltr.) **\$6.99**

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Kiwi Strawberry, Watermelon, Winterberry, Pink

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Letters To The Editor

Public Is Invited To Lions Club's Corned Beef Dinner

To The Residents Of Agawam:

On behalf of the Agawam Lions Club, I would like to extend an invitation to spend St. Patrick's Day at the:

**Agawam Lions Club
Corned Beef and Cabbage Dinner
Wednesday, March 17, 1999
Agawam Middle School Cafeteria
5:00 P.M. to 7:00 P.M.**

Adults - \$6.50; Children under 12 - \$3.50

The Agawam Lions Club is celebrating its 55th year of serving the community of Agawam. All the money raised by Lions Club volunteers goes to Massachusetts Lions Eye Research and other local charities.

Please come and enjoy a great meal at a great price and help us raise funds for some great causes.

**Very truly yours,
Chris Johnson, 1st Vice President
Agawam Lions Club**

P.S.: Don't miss the fantastic Agawam Lioness Bake Sale at the Corned Beef and Cabbage Dinner.

AHS Girls' Lacrosse Thanks Local Businesses For Support

To The Editor:

The members of the Agawam Girls' Lacrosse Booster Club and the Agawam High School girls' lacrosse varsity team would like to thank the following businesses for their support in allowing us to conduct a candy sale at their businesses on March 6th:

Stop & Shop, Feeding Hills and Geissler's Supermarket, Agawam.

**Thank you,
Cheryl Gregory
President, Agawam Girls' Lacrosse**

Feeding Hills Resident Praises Agawam High's Winter Sports

To The Editor:

Congratulations to all the "Agawam High School" sports teams; the girls', the boys', and the coaches this 1999 season.

No matter what the final results were, as long as you played your very best and had great sportsmanship!

Thank you very much to the parents, relatives, friends, and volunteers who came to the events. Your support was tremendous!

**Very truly yours,
Clyde E.P. Benton
Feeding Hills**

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM PLANNING BOARD

The Agawam Planning Board will hold a public hearing on Thursday, March 18, 1999 at 7:15 PM at the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Twenty-One (21) Registered Voters for a proposed amendment to the Agawam Zoning Ordinance, Chapter 180, by adding a provision relative to delaying the demolition of historically significant buildings. A copy of the proposed zoning amendment can be obtained from the Agawam Planning Office or the Agawam Town Clerk's Office between the hours of 8:30 AM and 4:30 PM in the Agawam Town Hall, 36 Main Street, Agawam, MA.

**BY ORDER OF:
Charles R. Calabrese, Chairman
Agawam Planning Board**

Published: March 11, 1999

* * *

Check our classified ads in each edition ... AAN!!!

* * *

Michael Mercadante Is New Fire Inspector...



LAST WEEK, Michael Mercadante (third from the right) was installed as the Town of Agawam's new fire inspector. Mercadante began his career in fire safety in September 1974, and was an EMT from 1983 to 1989. He was a drill instructor and safety officer from 1996 to 1998. Pictured above with Mercadante are (from left to right) Mayor Christopher Johnson, Agawam Fire Chief David Pisano, Mrs. & Mr. Mercadante (Mike's parents), Linda Mercadante (Mike's wife), and Town Clerk Richard Theroux. Advertiser News photo by Jack Devine.

SCHOOL BUDGET - from Page 1...

count increase represents 3.5 percent of the four percent parameter for budget growth, Ameruoso said.

In his budget message to the School Committee, Ameruoso said the budget represents "a conscientious attempt to fashion a budget that supports moderate growth and the maintenance of our current educational programs."

Smaller Rate Of Growth

Ameruoso said the rate of growth in the School Department is expected to be much smaller than the growth seen in the last several years for several reasons, including a dramatic slowdown in state aid to schools, a reduction in available funds from the town due to the beginning of the first year of permanent principal, and interest payments on the school additions and renovations projects.

Based on the budget submitted to the legislature by the governor, the increase in the amount of state aid to Agawam Schools will be half of what it was last year and \$800,000 less than two years ago, Ameruoso said.

The budget request includes funding for six new full-time teaching positions, a library assistant for the elementary schools, one-and-a-half vision teacher assistants in Special Education, and three part-time teaching positions.

The full-time teaching posts are a fourth grade teacher at Phelps School, a second grade teacher at Clark School, a fifth grade teacher at the Middle School, a foreign language teacher at the Junior High School, a science teacher at the High School, and an English teacher at the High School.

The part-time positions are a half-time reading recovery teacher at Clark, a 5/7 time physical education teacher at the High School, and a 4/7 time foreign language teacher at the High School.

Textbook purchases that would have been included in the budget for next year have been ap-

proved by the School Committee for funding from this year's School Choice Account, and Ameruoso will be looking for the committee's approval on a plan to use \$100,000 of next year's School Choice funds to purchase books and materials to stock the new library/media centers at the four elementary schools.

"We feel it is an appropriate way to expend School Choice money, and a creative way of softening the impact on the budget," Ameruoso said.

No New Technology Request

The budget includes no new technology request, although there were substantial requests made in the initial drafts submitted to the School Department. The top priority among the requests cut from the initial budget requests is the purchase of hardware and software to implement a third grade math and reading program published by the Computer Curriculum Corporation at all the elementary schools at a cost of \$95,000. Ameruoso said the School Department is hoping that the third grade program, as well as other technology requests, can be funded through the Mayor's capital improvement budget.

The amount budgeted for professional development was reduced by \$50,000 because all of the money budgeted last year will not be expended, and because recertification demands will be dramatically reduced.

Despite the reduction in funding from last year's spending level, the School Department is setting aside \$350,000, including salaries, for professional development and those funds will be supplemented by grant money and possible funding from the Mayor's capital improvement budget, according to Ameruoso.

In the difficult area of forecasting Special Education cuts, the School Department is committing the total reserve account (\$50,000), plus an additional \$100,000 of School Choice money for Special Education emergencies.



The Agawam Advertiser-News

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786-8137

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THE AGAWAM ADVERTISER NEWS (U.S.P.S.-001-170) is published weekly for \$24.50 per year by PAG Publications, Inc., 14 Southwick Street, Feeding Hills, MA 01030-0263. Second class postage is paid at F.H., MA 01030 & at associated offices. Postmaster: Send address changes to The Agawam Advertiser News, P.O. Box 263, F.H., MA 01030-0263.

Agawam's Zoning Board Of Appeals Pulls The Plug On Electrical Substation

by Kathy Cassanelli
News Editor

The Berkshire Power plant under construction on Moylan Lane is expected to begin operating as planned in September despite a unanimous decision from the Zoning Board of Appeals (ZBA) denying a special permit for Western Massachusetts Electric Company (WMECO) to build a 115kV switching substation connecting the plant to the power grid.

Berkshire Power plant manager Frank Basile said the board's decision would not delay the plant's construction schedule while Northeast Utilities and WMECO officials consider the option of appealing the ZBA decision.

"We're planning a temporary electrical connection (to transmission lines) that will enable us to continue on our schedule," Basile said. "We assume Northeast Utilities will continue to pursue this, most likely with the Department of Telecommunications and Energy (DTE)."

WMECO was seeking permission to construct the substation on five acres of land currently owned by Berkshire Power. The five-acre site for the proposed substation is part of the buffer zone between the power plant and its closest neighbors that was approved by state and local boards on the site plan proposed by Berkshire Power in 1995.

Acting ZBA chairman Larry Hoague said the board cannot grant a special permit to WMECO until Berkshire Power goes back to the ZBA, the state DTE, and the Department of Food and Agriculture for permission to change the layout of the site as approved in the permitting process for

the power plant.

"We're talking about carving up land that is there for a public purpose," Hoague said. "The buffer zone is there for safety and to mitigate visual impacts, noise pollution, air pollution, and agricultural purposes. I believe Berkshire Power is required by our previous majority opinion and by the Energy Facilities Siting Board enforcing our permit to return to this board for relief, and Berkshire Power must get relief from the state agencies before WMECO comes to this board."

Board member Doreen Prouty said her decision came down to weighing the environmental impacts of having the substation built on one of the six alternate sites identified on WMECO's property against the loss of the Berkshire Power buffer zone.

"... The Substation Is Going Somewhere ..."

"All that was positive about the Berkshire Power project presented to us three years ago is changing," Mrs. Prouty said. "There's no doubt that the WMECO substation is going somewhere. The question is whether the environmental impact overrides the loss of the positive impacts. If there were no other alternate sites for the substation, I'd be looking at this differently, but I don't think this is the right site."

The board members said the plan for a substation with 70-foot towers constituted an entirely different plan from the one approved for Berkshire Power at both the state and the local levels.

"One of the things we considered in giving our original permit was the fact that the tie-in to the

transmission lines wouldn't have much visual impact on the neighborhood. Here we are three years later and they're going to put in a monstrosity," Mrs. Prouty said.

During public hearings in January and February, engineers for NU said it was inevitable that a south Agawam substation would one day be required and that WMECO had purchased land on Moylan Lane in the 1960's and 70's with the intention of one day erecting a substation on the site, which abuts Berkshire Power.

NU engineers told the ZBA that the construction of the power plant did not cause the need for the station and that the substation will benefit the transmission grid due to enhancements that will maintain better power flow.

Board member Debra Curtis said she did not think the site was right for a switching station and that the board had to take into consideration the positions of the people who raised valid issues during the board's public hearings. "We still have not distinguished if the area is for light or heavy industry," Mrs. Curtis said.

A spokesman for power plant opponents, Karl Stieg, said the board had made the only decision possible based on the facts and on the permits issued to Berkshire Power by the permitting agencies.

WMECO is expected to make a decision concerning an appeal of the ZBA ruling next week.

The plan to locate a switching substation on land originally part of the Berkshire Power site has been approved by the Planning Board and the Conservation Commission.

From State Rep. Daniel Keenan...

Possible Tuition Break For MA Students Attending Out-Of-State Public Colleges

Student Program (RSP).

Massachusetts residents are eligible for an out-of-state tuition break when they enroll in certain degree programs in Connecticut, Maine, New Hampshire, or Rhode Island if the programs are not offered by a public institution in Massachusetts. The RSP tuition break is available for students studying towards an associate's, bachelor's, or graduate degree programs.

All of New England's 78 public two- and four-

year colleges and universities participate in the RSP, offering more than 700 undergraduate, graduate, and professional degree programs at reduced, out-of-state tuition.

For a listing of degree programs, contact Rep. Keenan's office on 342 Springfield Street, Agawam at (413) 786-4545, or log onto the New England Board of Education's web site at www.nebhe.org.

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— Agawam Obituaries —

Andrea L. Borsari

Andrea L. Borsari, 31, of 46 Spencer Street, Agawam, died recently at home.

She was the owner of Floral's A Go-Go in Agawam.

She was previously employed with Salem Visiting Nurse Association and Springfield Visiting Nurse Association. She also worked for Kimberly Quality Care as an assistant coordinator for visiting nursing.

Born in Springfield, she graduated from Agawam High School in 1985, Springfield Technical Community College School of Nursing in 1989, and New England School of Floral Design in Barrington in 1997.

She leaves her mother, Sandra Fini Borsari of Agawam; her father, Andrew L. Borsari of Ipswich; a brother, Andrew W. Borsari of Beverly; and her grandparents, William and Pauline Fini of West Springfield, and Jacqueline Borsari, also of West Springfield.

The funeral was held at Colonial-Forastiere Funeral Home, Agawam, with burial in Springfield Street Cemetery in Feeding Hills.

Memorial contributions may be made to the Interstitial Cystitis Foundation, Springfield, and the Springfield Visiting Nurse Association, 50 Maple Street, P.O. Box 9058, Springfield, MA 01102-9058.

William C. Heiden

William C. Heiden, 90, of Maple Street, Agawam, and formerly of Northampton, died recently in a local nursing home.

A 33-year employee of The Springfield Newspapers, he was a foreman in the Holyoke press division until his retirement in 1968.

Born in Northampton, he lived there for many years before moving to Westfield. He moved to Agawam five years ago.

He belonged to the Springfield Newspapers Association, was a life member of Westfield Elks Lodge 1481, and was a third-degree Knight of Columbus.

He served in the Westfield Auxiliary Police and was secretary of the Westfield Auxiliary Police Association.

He also was an institutional representative for the Boy Scouts and had served in the National Guard.

He was predeceased by his wife, the former Eva M. Dubois, and two daughters, Joyce Mastroianni and Joan Crepeau.

He leaves three sons, William C. Jr. of Pensacola, Florida, Kenneth F. of Springfield, and Frank R. of Agawam; two daughters, Mary E. Woodell of Port Charlotte, Florida, and Carol Aiken of Russell; 21 grandchildren; 33 great-grandchildren; and five great-great-grandchildren.

The funeral was held at O'Connell-Forastiere-Smith Funeral Home and Sacred Heart Church, both in Northampton, with burial in St. Mary's Cemetery, Westfield.

Anthony Verteramo

Anthony Verteramo, 41, of 35 Jennie Circle, Agawam, died recently at Baystate Medical Center in Springfield.

He was a landscaping contractor for Tony Meccia Inc.

Born in Springfield, he lived in Agawam all his life and was a 1975 graduate of Agawam High School.

He leaves his wife, the former Linda R. Sterling; a son, Anthony, and a daughter, Cori, all at home; his mother, Anna (Meccia) Natale, and a brother, Frank Verteramo, both of Agawam; and a nephew, Travis Connor, and a niece, Kristen Laudato, both of Agawam.

His sister, Joanne M. Connor, died last November.

The funeral was held at Colonial-Forastiere Funeral Home of Agawam, with burial at Agawam Center Cemetery.

Memorial contributions may be made to Brigham and Women's Hospital, Leslie Kolterman Development Office, 116 Huntington Avenue, Boston, MA 02116.

William L. St. John

William L. St. John, 77, of William Street, Feeding Hills, a retired 40-year owner of the William St. John Co., died recently in a local nursing home.

Born in Agawam, he lived in Feeding Hills most of his life.

He was an Army veteran of World War II, serving with the 256th Field Artillery Battalion.

He was in the Normandy invasion and in campaigns in Northern France, the Rhineland, and Central Europe.

He was a member of the Disabled American Veterans.

His wife, the former Tilda Assad, died in 1994.

He leaves a son, William F. of Feeding Hills; a daughter, Carol Oliver of Springfield; a brother, Francis of West Springfield; two sisters, Marie Hristopoulos of Agawam and Connie O'Conner of Springfield; and two granddaughters.

The burial was private, and Colonial-Forastiere Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the Soldiers' Home, 110 Cherry Avenue, Holyoke, MA 01040.

Lorraine C. Blair

Lorraine C. (Lamouria) Blair, 66, of Agawam, a barmaid and recording secretary at the West Springfield Fish & Game Club, died recently at Baystate Medical Center in Springfield.

Born in St. Johnsbury, Vermont, she lived in Agawam for 40 years.

She was a lifetime member of the club and formerly operated No Name Catering Co.

She leaves a son, Kenneth of Agawam; two daughters, Bonnie Blair of Agawam and Karen Coffey of Lebanon, New Hampshire; four grandchildren; and a great-grandson.

The funeral was held at Colonial-Forastiere Funeral Home, with burial in Springfield Street Cemetery in Feeding Hills.

Margaret J. Avezzie

Margaret J. (Balboni) Avezzie, 100, of Agawam, died recently in a local nursing home.

Born in West Springfield, she lived in Agawam since the 1920's.

She was a communicant of Sacred Heart Church.

Her husband, Charles, died in 1970.

She leaves two sons, Charles Jr. of Agawam and Robert P. of the Philippines; a daughter, Elsie M. Davis of Feeding Hills; a brother, Raymond Balboni of Springfield; a sister, Alice Zavarella of Agawam; five grandchildren; and nine great-grandchildren.

The funeral was held at the church in Feeding Hills, with burial in St. Michael's Cemetery. Agawam Curran-Jones Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the American Cancer Society, 53 Capital Drive, West Springfield, MA 01089, or to the Hospice of Western New England, P.O. Box 9058, Springfield, MA 01102-9058.

Sophia Mackechnie

Sophia (Mutti) Mackechnie, 76, of 45 Royal Street, Agawam, died recently at home.

SEE OBITUARIES - Page 7...

Veterans' Corner...

by Ruth Carr Bitzas
Veterans' Agent — 786-0400, Ext. 236/237

Information On The New SBA LowDoc Program

Veterans' thinking about opening their own business need to know that the SBA does have a veterans' counselor to assist veterans.

The new SBA LowDoc program provides a quicker turnaround and an easier one-page application. The program does a few other good things as well:

- It increases the maximum loan amount to \$150,000.
- Streamlines the making of small business loans.
- It calls for a response from the SBA within 36 hours of receiving a complete application.
- It allows for a SBA guarantee of up to 80 percent for loans up to \$100,000, and up to 75 percent for loans between \$100,000 and \$150,000.

HOW IT WORKS

Once a small business borrower meets the lender's requirements for credit, the lender may request a LowDoc guarantee from the SBA. It's a quick, two-step process.

The borrower completes the front of the one-page application, and the lender completes the back. The lender submits a complete application to the SBA and receives an answer within 36 hours.

Loans of less than seven years have an interest rate not more than 2.25 over prime, as published in *The Wall Street Journal*. Loans taken out for over seven years are limited to 2.75 over the prime rate. Loans under \$50,000 may be subject to slightly higher rates.

FOR MORE INFORMATION

The SBA has offices throughout the U.S. For the one nearest you, look under "U.S. Government" in your telephone directory, or call the SBA answer desk at 1-800-U-ASK-SBA. To send a fax to the SBA, dial 202-205-7064.

For information on your rights to regulatory fairness, the telephone number is 1-800-REG-FAIR. On the Internet using uniform resource locators (URL's), it's SBA Home Page: www.sba.gov.

AGAWAM HONOR ROLL: Last week, we published a list of Vietnam War veterans whose last names began with the letter "P."

Several weeks ago, a veteran came in and provided the necessary documentation and was found to be eligible to have his name included on the Honor Roll. He then contacted his brother to ensure that his name would be included as well, and we did receive the discharge and his brother's name was included last week.

We apologize for our oversight and proudly include the name of LAWRENCE PISANO, JR. on our Agawam Vietnam veterans' list. Thanks for your understanding, Larry!

This week, we are publishing a list those Agawam Vietnam veterans whose last names begin with the letters "Q" and "R." We have established that these veterans were residents of Agawam at the time they entered the military.

AGAWAM VIETNAM VETERANS - "Q" & "R"

Ronald R. Quatrone, James J. Quinn, Jr.
William E. Rabideau, Joseph A. Rescigno,
Frank A. Rescigno, Roger N. Reynolds, Frederick
E. Reynolds, Jr., Raymond H. Rhode, Dominick J.
Ricco, Jr., Joseph A. Ricco, Steven A. Richards,
Alan P. Rider, George A. Rider, Jr., Stephen M.
Riley, Joseph N. Rinaldi, Jr., Gary E. Rivers.

Michael W. Robare, Robert J. Robare, Andrew
B. Robbins, George H. Roberts, Jr., Wilfred
Roberts, Donald C. Robinson, Edward D. Robinson,
Richard B. Robinson, Ted R. Robinson, Francis
J. Rock, Kenneth A. Rock, Daniel B. Romanko,
John J. Romano.

Robert C. Roosa, Alfred M. Rossi, Michael J.
Rossi, Robert E. Rossi, Edward T. Rosso, Louis A.
Rovelli, Robert Rushby, Peter N. Russell, Miles D.
Russell, Louis G. Russo, Robert A. Russo, James
F. Ryan, John E. Rys, Jr.

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FireWise...

by Fire Chief David Pisano

The Importance Of Fire Lanes

How many times has it irritated you to drive to your local shopping area to find a car parked in a fire lane? The message is simple; the message is direct! "NO PARKING — FIRE LANE" means just that.

When there is a fire or related emergency, police, fire, and medical vehicles need to have proper access so that the vehicles can get close enough to the buildings for rescue, firefighting, and emergency medical duties.

The Agawam Fire Department reminds you that leaving your vehicle unattended in a fire lane may hamper emergency efforts, and simply parking your vehicle leaves you open to a fine. Remember — if you park there, others will think it is acceptable to park there ... and it isn't. It's against the law.

You may think it is silly or overkill, but then when was the last time you had to move 150 feet of fire hose around someone's car or delivery truck to put out a fire, or carry someone ill or injured to an ambulance? Every step, every foot, every car or truck in the way makes a difference in the efficiency of fire and life safety.

The Agawam Fire Department wants you to realize that these areas are important to you and your neighbor's safety. Whether at a shopping center, the post office, or office building, apartment building, or transportation loading area ... when they are needed, they must be available.

Park there illegally and it may cost you a fine, towing charge, or both! More importantly, it may result in more property damage, illness, or injury.

For further information, contact the Agawam Fire Department at 786-2662.

Keenan Has Info On Medicare Changes

Senior citizens confused about Medicare HMO drug benefit changes can contact State Representative Daniel F. Keenan's office to obtain a pamphlet outlining the different financial assistance programs offered by health plans.

To obtain a pamphlet, Rep. Keenan can be contacted at (413) 786-4545.

The basic pharmacy benefit structure and the one-year transitional programs vary somewhat from plan to plan. Plans highlighted on the pamphlet are: Tufts, Harvard Pilgrim Health Care, Fallon, and Blue Cross/Blue Shield.

Agawam Bicycle Advisory Committee To Meet March 29th

An organizational meeting to form the Agawam Bicycle Advisory Committee will be held on March 29th at 7:00 p.m. in the Faolin Peirce Room of the Agawam Police Station.

Agawam residents who have an interest in bicycling as transportation or recreation are encouraged to attend.

For more information, please call 789-1620.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Auditorium, 68 Main St., Agawam, MA on THURSDAY, MARCH 18, 1999, at 6:45 P.M. for all parties interested in the appeal of RIVERSIDE PARK ENTERPRISES, INC., which is seeking a Special Use Permit in accordance with Section 180-11 of the Zoning Ordinances, which would allow for the creation of a parking lot at the premises identified as 1822 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: March 11, 1999

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

OBITUARIES - from Page 6...

Born and schooled in Agawam, she was a long-time resident of this town and a communicant of St. Anthony of Padua Church.

She belonged to the Alley Katz League at the Agawam Bowl.

She leaves a daughter, Nancy J. Kiczek of Agawam; a brother, Lawrence "Ace" Mutti, and a sister, Shirley Saracino, both of Westfield; two granddaughters; and a great-grandson.

The funeral was held at Colonial-Forastiere Funeral Home and the church, with burial in Springfield Street Cemetery.

Memorial contributions may be made to the American Cancer Society, 53 Capital Drive, West Springfield, MA 01089, or the Shriners Hospital for Children, Donations Department, 516 Carew Street, Springfield, MA 01104.

Clarence P. Ferris

Clarence (Dan) P. Ferris, 80, of 32 Channell Drive, Agawam, died Sunday, March 7th, in Fort Myers, Florida.

Born November 4, 1918, in Springfield, MA, he was employed as a postman at the East Longmeadow Post Office, and retired in 1981.

He was a Coast Guard veteran of World War II. He leaves his wife of 55 years, Edna (Pearson) Ferris of Agawam; two sons, James of Feeding Hills, and Daniel of Goshen, New York; a brother, Frank of East Longmeadow; five granddaughters; and two great-grandchildren.

Private funeral services will be held in Fort Myers. The International Cremation Society of Fort Myers is in charge of the arrangements.

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Pam Peebles Has Some "Tails" About Her Work With The MSPCA

by Kathy Shepard
AAN Feature Writer

Since September 1981, Pam Peebles of Agawam has worked with animals at the Massachusetts Society for the Prevention of Cruelty to Animals (MSPCA).

"Animals generate every emotion you have," says Pam at their spacious and beautiful facility, recently opened on Union Street in Springfield.

"The emotions can run from making you laugh when they wrestle and play, to raw tears when there are serious problems."

Pam believes that animals sense the here and now and are capable of feeling fear, but she does not think they ponder concepts like death or dying the way humans sometimes do. Animals seem more able to live in the present.

It takes a certain sort of person to work with animals (and people) on a daily basis. Pam says that she leaves some days in emotional agony and others in deep contentment, or anything in between. "I can't help wishing I could change things. I can't help wishing that things were different."

The work is emotional and Pam fights to leave it behind at the day's end, but she is involved. It is necessary in this line of work to be able to "switch gears" often. She sees people sometimes at their worst, especially when they are surrendering a pet. They might arrive angry, but Pam has learned that this anger is sometimes a defense for grief.

The MSPCA offers counseling for people who adopt animals and tries to ensure that the match is a good one for owner and pet. Suggestions for the animal's future care are made. Whenever a pet cannot be saved due to injury or illness, the outpouring of compassion can be found right at the shelter.

Each Day's Schedule Is Generally The Same...

The workers at the MSPCA all rotate duties, but the structure of each day's schedule is generally the same. At 8:00 a.m., a spot check is done. "The dogs are going nutty, needing to go out. When we walk into the cat pavilion, it's like an ocean of meows," Pam describes, "and if you're ever feeling unloved, they make you feel like you are the greatest!"

The next phase is dog breakfast, a mixture of dry and canned foods, and each dog is walked by a staff member or a volunteer. The morning tasks then turn to disinfecting the kennels, changing the bedding, toys, and water. At this point, the dogs and pups are ready for the day.

The staff moves on to the cats, which are put into clean cages while their cage is disinfected. They are given new food, water, fresh litter, and new toys. The staff even tries to give each kitty a change of scenery whenever possible by moving them to a different cage.

There is a small mammals adoption room. On this day, it featured rabbits, ferrets, mice, guinea pigs, and hamsters. An iguana represents the reptiles (which are more affectionate than might be expected). The work is time-consuming, and after all the little characters have had their morning care (including cleaning, feeding, and bedding changes), it is about 11:00 a.m.

When the shelter opens at 11:00 a.m., there is usually a lobby full of people. People are lined up

to surrender pets. Some have animals in boxes, on leashes, or are holding pets in their arms. Often, there are tears and emotional good-byes.

In the adoption area, a tremendous contrast takes place with kids bouncing up and down, anxious to adopt.

The phone rings nonstop, and in some cases, the staff goes out on rescues. Pam relates the story of a dog who is probably her "most unforgettable character," her favorite shelter success story.

A Dog Named "Fenway"...

Fenway, a dog she still visits at his adoptive home, was rescued in 1990. The shelter received a call from a Springfield resident who said that her dog was sick, but she was unwilling to transport the animal. Something in this woman's voice conveyed to Pam that this animal was likely in a desperate condition.

Pam and a co-worker arrived at the address to find a Doberman/Greyhound which was "a shell of a dog, a skeleton, tethered to a porch rail." But when Pam patted him, his tail started wagging, and Pam was completely taken by his spirit. A little girl who lived next door came over and told them that she had tried to help the dog by giving him part of her breakfast every morning.

Pam remembers "scooping him up" (he weighed only 17 pounds) and naming him Fenway (after Fenway Park in Boston — something to root for). "Neither of us knew if we could save his life. Blood work confirmed starvation, but no other diseases were present, so we fed him every hour, hoping he would keep the food down."

On the third day, the dog began vomiting and Pam held him, trying to decide if euthanasia might be the humane end to his suffering. But that was the last time he showed signs of illness. From that point, he gained 23 pounds in four weeks.

When people came to adopt and were interested in Fenway, Pam found herself almost "over-screening." "I felt so protective, hardly anyone seemed good enough," she remembered. "The home that was eventually chosen couldn't have been better, and I still visit Fenway, usually with a present for this brave animal."

Every day, each staff member could relate dozens of stories; some happy, some sad. "To work here, one has to like both animals and people," Pam believes. The staff is close-knit and she enjoys being part of this special group. She prefers working "hands-on" with the animals rather than accepting a supervisory position.

Animals Adjust To Situations In Their Own Ways...

Over the years, she has noticed that animals, like people, adjust to different situations in their own ways. Old animals might have trouble in a shelter, but might be extremely calm and serene when placed in a real home.

"Cats especially need time to become used to a new environment. They need to be left alone until they feel comfortable. If given some space, cats work things out for themselves."

SEE MSPCA - Page 9...



PAM PEEBLES OF AGAWAM with a couple of her "furry friends" at the MSPCA facility in Springfield. The cat pictured below is available for adoption.



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SARAT FORD

MSPCA - from Page 8...

Dee Lydick, also from Agawam, has collected toys, blankets, dog biscuits, and special items for the shelter and has known Pam for many years. She says of Pam, "She is one of the most genuinely giving, down-to-earth people I have ever known. She gives her time to help people even when she's away from work, and she honestly loves the animals."

Pam is a special person, contented to take care of the animals, be they tiny, old, hurt, or hungry. She is equally caring of people and maintains that adopting an animal is a serious commitment. "An animal requires a *lifetime* of cleaning, exercise, and attention in addition to food," she noted.

But, she points out, "Welcoming an animal into a family, providing that love and patience, comes back to you in a thousand ways. Most adjustments can be made through training and time. You'll get back plenty of loyalty and love in return for what you give — an animal is a friend for life."

There is no set time limit an animal may be kept at the MSPCA. They are evaluated on a daily basis. Health and space are factors, and there are some "tough decisions. We do have contact with some 'no kill' facilities, though, and there is also a 'volunteer foster program,' where an animal needing special medication or help integrating into social situations is given help finding a temporary foster home," she told us.

Volunteers are always welcome. It is evident, walking through the shelter with Pam, that these creatures are delighted to have company. If interested in the chance to make this kind of difference to the animals at the MSPCA, please call 750-7658 and ask for information about the Volunteer Program.

According to Pam, "They sit so long without attention that any grooming, companionship, or love really helps."

This was definitely true the day we were there!

A REMINDER TO community groups, service organizations, etc.: please be sure to publicize your events at least one week in advance.

* * *

From The Agawam Women's Club...

Fashion Show Reservations Due By March 16th

The last day to make reservations for the Sunday, March 21st Fashion Show at Chez Josef (sponsored by the Agawam Women's Club) is March 16th.

The fashions, to be presented by Lorraine's Showcase of Holyoke, will be preceded by a social hour at 12:00 noon and a buffet luncheon at 12:30 p.m. Annmarie's Dance Place of Windsor Locks has graciously volunteered to furnish models for this event.

The donation is \$20 for this fun-filled afternoon, complete with raffles and door prizes.

For more information, call Elaine at 786-3091.

Agawam Women's Club Slates Mtg. For Mon., March 22nd

The next regular monthly meeting of the Agawam Women's Club will be held on Monday, March 22nd, beginning at 6:30 p.m. at the Captain Leonard House in Agawam.

The program will be an International Night/Guest Night with a pot luck supper. Members are asked to bring an ethnic dish to share, and are urged to also bring a guest.

The invocation will be read by Mrs. Richard Smith, and the meeting will be hosted by the Executive Board.

For more information about the club, you may call any member or the club president, Mrs. Nelson Freeman, at 594-5355.

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Pamela Jean Watjus To Become Bride Of James M. Votzakis

Mr. & Mrs. James P. Votzakis of Agawam announce the engagement of their son, James Michael Votzakis, to Pamela Jean Watjus, daughter of Mr. & Mrs. Raymond Watjus of Maynard.

James was graduated from Agawam High School in 1989 and received a bachelor's degree in Criminal Justice in 1994 from Westfield State College. He is part owner of Total Logistic Services, Inc. of Connecticut.

Pamela was graduated from Maynard High School in 1990, and received a bachelor's degree in 1994 from North Adams State College, majoring in sociology. She also attended Worcester State College, where she received teaching certification in Early Childhood Education.

A wedding planned for July 2000 in Worcester.

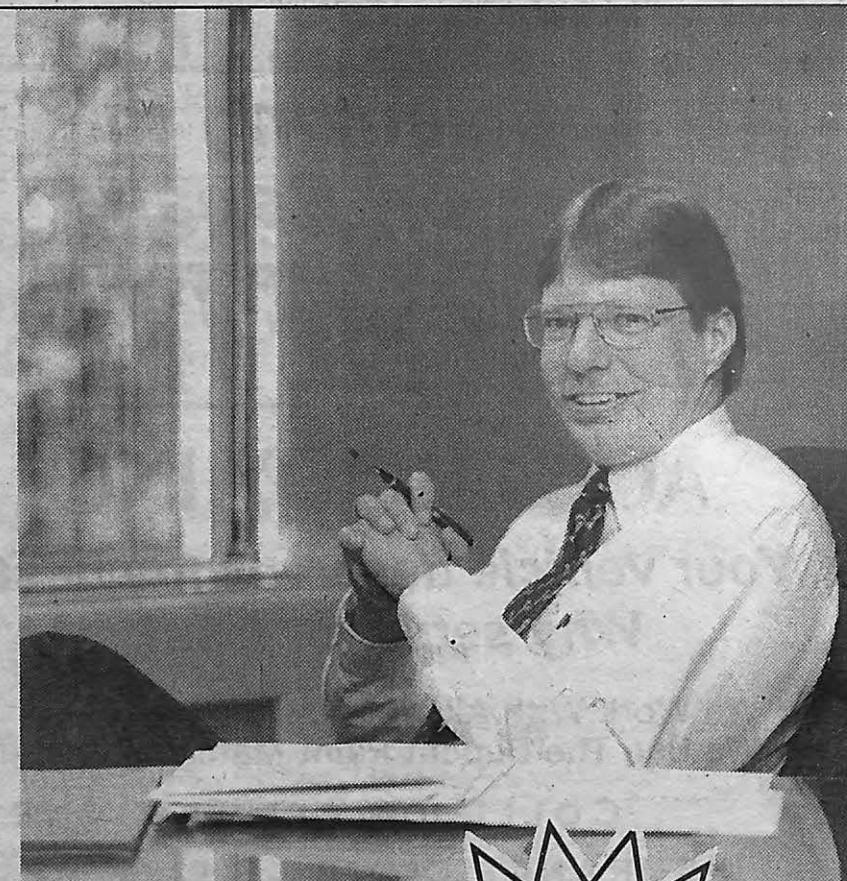
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JON C. DANIELS AND REBECCA L. DERDERIAN

Rebecca L. Derderian Engaged To Wed Jon C. Daniels

Arthur and Maryalice Derderian of Methuen, MA, are pleased to announce the engagement of their daughter, Rebecca L., to Jon C. Daniels, son of Charles Daniels of Amherst and Karen Daniels of Agawam.

The future bride is a graduate of Phillips Academy, Andover, and Boston University. She is currently in sales for Business Objects, a California-based software firm.

The future bridegroom is a graduate of Agawam High School and the University of Massachusetts, and will complete his MBA at UMass Lowell, this spring. He is employed at Safety-Kleen Environmental Services in North Andover.

Rebecca and Jon reside in Salem, New Hampshire, where they plan to make their home following a May 1999 wedding.

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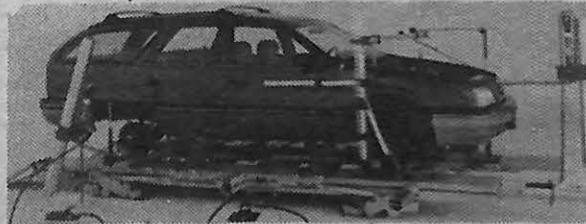
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A "Musical" Valentine At Heritage Hall...



LAST MONTH, the Agawam Senior Melody Band entertained residents of Heritage Hall's South Building with a pre-Valentine's Day performance. Advertiser News photo by Jack Devine.

Fish & Chip Dinners Held Each Friday At The Agawam VFW

Each Friday evening, fish and chip dinners will be held at the Agawam VFW, Post 1632 (located at 194 South Street, Agawam).

The cost is \$5.95 per person, and the Friday night dinners will begin at 5:00 p.m. and end at 9:00 p.m.

"Free Flower Demo" At Senior Center

The Agawam Council On Aging and Agawam Senior Center invite the public to a "Free Flower Demo" on Wednesday, March 24th at 10:00 a.m. at the Senior Center.

Included in the demonstration will be spring and Easter flower arranging with Elaine Smith.

For more information, call the Senior Center at 786-0400, ext. 242.

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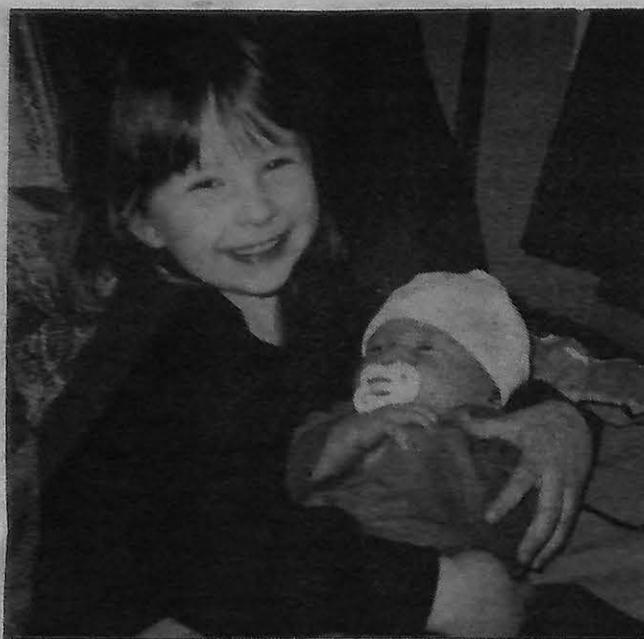
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KELSEY DEMATTEO with her baby brother, Joshua.

DeMatteo Family Announces Birth Of Baby Boy, Joshua

David and Sharon DeMatteo of Agawam are proud to announce the birth of their son, Joshua Russell DeMatteo, who was born February 21, 1999.

He weighed nine pounds, 1.7 ounces, and was 22 inches long.

Joshua was welcomed home by his big sister, Kelsey, and Chet the beagle.

He was also welcomed by grandparents Ron and Carole DeMatteo of Agawam, Jim and Nancy Perry of Easthampton, and Nancy and Billy Freeman of Townsend, MA.

Local Open Pantry Seeks Donations Of Easter Candy

Candy Boucher, Executive Director of the West Springfield/Agawam Open Pantry, has put out a plea for Easter candy. "We are planning to fill about 400 Easter baskets, but we've only received enough candy to fill about 10 baskets," said Boucher.

The Easter baskets will be distributed with groceries to clients of the West Springfield food pantry as they come in the week of March 29th.

Volunteers are also planning the annual Family Easter Party and Egg Hunt for Corson Park on Main Street from 10:00 a.m.-12:00 noon, Saturday morning, April 3rd.

If you would like to help get ready for the party, or make Easter baskets, call Candy or Cassie at 734-7969.

West Springfield, Agawam, Feeding Hills, and Southwick residents are asked to drop off Easter candy, including jelly beans, chocolate eggs, and especially chocolate bunnies at 1023 Main Street in West Springfield between the hours of 7:30 a.m. and 3:30 p.m. Your donations will help brighten the early spring days of your neighbors.

In addition to the Easter baskets, clients of the West Springfield/Agawam Open Pantry will be given an invitation to the Palm Sunday dinner sponsored by the West Springfield Parish Association and a directory of Holy Week and Easter services in area churches.

Community Grange 382 To Hold French Toast Breakfast

Community Grange No. 382 of Feeding Hills will hold a French Toast Breakfast on Sunday, March 21st, from 8:30 a.m. to 12:00 noon at the Grange Hall (located at 47 North West Street in Feeding Hills).

The menu will consist of French toast, sausage, and choice of juice, coffee, tea, or milk.

Donation is \$3.50 for adults, and \$1.75 for children under 12. Reservations can be made by calling 789-2061.

Come to a great home-cooked breakfast. The public is invited to attend.

Have a happy St. Patrick's Day!!!

S G A Agawam "Senior Games" Activities

Athletes To Sponsor Mohegan Sun Trip

The Agawam Senior Games Athletes will sponsor a trip to Mohegan Sun on March 15th. The price is \$16 (which includes gratuities), and each participant will receive a \$10 meal ticket and a \$10 free play on the big wheel.

King Ward Coach Lines will pick up participants at Sacred Heart Church in Feeding Hills at 7:45 a.m., and at the Agawam Senior Center at 8:00 a.m. We will leave Mohegan Sun at 4:00 p.m.

For more information, call Edie Chiba at 786-5539, Vi Presz at 786-3164, or the Agawam Senior Center at 786-0400, ext. 242.

Tag/Easter/Bake Sale

Agawam Senior Games Athletes are planning a large Tag/Easter/Bake Sale at the Agawam Senior Center on Saturday, March 20th from 9:00 a.m.-3:00 p.m.

Items offered will include exercise equipment, bicycles, kitchen items, clothing, craft items, Easter raffle, and much, much more!!! There will be grab bags for children and adults, so we suggest that you come early, as the items disappear fast.

The bake table promises to have many delicious surprises, and donuts and coffee will be served for \$1. It is always a hard-working but enjoyable day for the athletes, and they look forward to seeing all their friends come to browse and visit over a cup of coffee.

The Easter raffle will consist of five Easter baskets, all made by the athletes. Raffle tickets are three for \$1 and are good for all five drawings.

Please mark this date, March 20th, on your calendar, and come join the athletes for a fun day at the Agawam Senior Center. If you haven't been to one of their tag sales, you don't know what you are missing. Hope to see you on the 20th.

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Link-Ages Continues To Be A Bright Spot

by Kathy Shepard
AAN Feature Writer

Link-ages continues to be a bright spot in the lives of both visitors and residents alike, according to Kim George, director of Volunteer Services and the Eden Alternative Director at Genesis ElderCare in Agawam.

The fifth-grade class of Lou Spiro from the Agawam Middle School visits Heritage Woods ElderCare facility on alternate Tuesdays, while the fifth-grade class of Jeanne Forrette visits Heritage East. Middle School Principal Ralph Zavarella has encouraged and facilitated the partnership, recognizing the uniqueness of this learning experience.

On February 23rd, the young visitors brightened up the faces of many of the people who reside at Heritage East. A phase of the Living History concept is continuing with an exciting new project that will result in a wall-hanging of some kind.

For now, the project is in its planning stages. The students and residents each are choosing things that are important to them and will draw this favorite thing on a blue sheet of paper. Maybe later this will become a stencil, or in some other fashion, the images will be transferred.

Later, these images will be transposed onto cloth, and after the school has a chance to display the final creation, the quilt, or wall-hanging most likely come to rest on a wall at Heritage Woods. This project is extremely meaningful, not just for the students and residents, but also for others exposed to the magic atmosphere that surrounds the group (as they concentrate on their sketches and interact). It seems that things should always have been this way.

"I feel very good when I see the children. I love them," says Kathryn Dyba. Although just a bit over an hour, this time has many highlights for anyone happening to visit. Debby Evans, assistant activities director, brought her guitar and engaged the group in song.

After a bit of foraging for a tune to which everyone knew the words, Mrs. Forrette suggested, "I've Been Working On The Railroad," and it seemed that every person, no matter what age, knew every single word.

Mrs. Forrette mentioned that her class wrote a letter (as a group) to local businesses, to ask for financial help toward the costs related to this program (such as paying for the bus and art supplies). This year, Heritage Woods has taken care of those costs, but it is believed that next year, with help from area businesses, the school can take a turn.



ROSE CORSO AND KATHRYN DYBA enjoy receiving the fifth-grade visitors from Agawam Middle School.

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AGAWAM FIFTH-GRADERS AND RESIDENTS OF Heritage Hall East work on plans for a wall-hanging. From left to right: Kathryn Clifford, Ashley Kauffman, Jessica Shakes, Cayle Perry, and Lindsay Pafume.



ENJOYING THEIR "LINK-AGES" (from left to right): Jessica Morris, Crystal Bianco, Iole Zucchini, Kari Marceno, Tammy Gorman, Christina Davis, and Ralph Zicolella.

Heritage Woods resident Rose Corso said that, "It's a wonderful experience whenever the kids come," and resident Kathryn Clifford shared her views that, "It's wonderful, the feeling that we are helping each other, and getting all our own ideas into the sketches."

The students thanked Sarat Ford, which pledg-

ed money to help toward the expenses, and they will be hoping for more results from their letters to town merchants. The mood whenever these two age groups meet makes it worthwhile. It's a wonderful experience simply to witness the affection between them and how much it means to the students and the residents alike.

— All the hometown news with us! —

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THE RUBY CHILDREN: Allison, baby Keith, and Todd.

The Ruby Family Announces Birth Of Son, Keith Chapin

Allison and Todd Michael Ruby welcomed into the world, brother Keith Chapin Ruby, on September 3, 1998.

Keith weighed eight pounds, seven ounces and measured 22 inches long. Others enjoying baby Keith are mom and dad, Michelle (Chagnon) Ruby and Todd Ruby of Monroe St., Agawam; maternal grandparents, Linda Chagnon of DePalma St., Feeding Hills and Edward Chagnon of Myrtle Beach, South Carolina; and paternal grandparents, Mr. & Mrs. Victory Ruby of Birch Hill Rd., Agawam.

A Catholic Baptism was celebrated November 22nd at Sacred Heart Church in Feeding Hills with Kevin Ruby serving as Godfather and Jen Chagnon as Godmother.

Heritage Hall Seeks Volunteers

Heritage Hall Centers, 61 Cooper Street, Agawam is seeking interested people ages 14 and older to volunteer as one-on-one companions for its visiting program.

Whatever your hobby or schedule, there is a volunteer job that is right for you. Volunteers read to residents, take them for walks, play cards, provide nail care, make crafts, and garden with their companion, just to name a few.

If you have as little as an hour a week to share with someone, and you enjoy meeting people, this volunteer opportunity is for you.

For more information, please contact Kimberly George, Director of Volunteer Services, at (413) 786-8000, ext. 217.

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Our Daily Bread

MERCY AND REWARD

READ:
1 Timothy 1:12-17

This is a faithful saying... that Christ Jesus came into the world to save sinners, of whom I am chief.
—1 Timothy 1:15

When the great Puritan preacher Thomas Hooker (1586-1647) was on his deathbed, a friend tried to console him by saying, "Brother Hooker, you are going to receive your reward." "No, no!" he breathed. "I go to receive mercy!"

In sharp contrast, A. W. Tozer recalled the prayer of a man who had the idea that he could earn heaven as a reward for trying to keep the Ten Commandments. It went something like this: "Now, God, I admit I have not kept number 1 and number 3 and number 7 and number 9. But remember, Father, that I have kept all the others."

How foolish! This man failed to see that if he had broken one commandment, he was guilty of breaking them all (Jas. 2:10). His works were earning him condemnation, not salvation.

As the apostle Paul reviewed his 30-plus years of sacrificial service, he saw himself as the "chief" of sinners and totally dependent on God's mercy. Although he undoubtedly anticipated the rewards he would receive, he gloried only in the cross (Gal. 6:14). There Jesus paid the price for sin so that everyone who trusts in Him will receive mercy.

The wonder of God's mercy and grace! Someday I will "go to receive mercy." I hope you will too. —HVL

'Tis mercy all, immense and free,
For, O my God, it found out me;
Amazing love! How can it be
That Thou, my God, shouldst die for me. —Wesley

GRACE IS GETTING WHAT WE DO NOT DESERVE.
MERCY IS NOT RECEIVING WHAT WE DO DESERVE.

Spfld. Turnverein Slates Special Dinner For Sun., March 21st

On Sunday, March 21st, at 1:00 p.m., the Springfield Turnverein of Agawam, located at 176 Garden Street, Feeding Hills, will sponsor a Kassler Rippchen Dinner.

The menu will include smoked pork chop, sauerkraut, potato, coffee, and dessert. The cost will be \$7.50 for adults and \$3.75 for children ages 10 and under.

Reservations may be made by calling Wilma Gillan at 786-4671 or the Club at 786-0924. The deadline for reservations is March 17th.

Following dinner at 2:30 p.m., Warren Bodendorf, a member of the Club, will present a demonstration on painting. He will lead those attending through the step-by-step process needed to create one of his "masterpieces." He will show the beginning steps right up to the finished product.

All our friends and members are cordially invited to join us. Free admission and refreshments will follow the presentation.

Peter A. Juliak Graduates From U.S. Army Ranger School

Army 2nd Lt. Peter A. Juliak has graduated from the 61-day Ranger training course at the U.S. Army Ranger School, Fort Benning, Columbus, Georgia.

The training phases are conducted at Fort Benning, in the mountains of northern Georgia, and in the Florida swamps at Eglin Air Force Base, Valparaiso, Florida.

The course is designed to develop confident and capable small-unit leaders.

Additional emphasis is placed on developing combat functional skills for planning and conducting ground, airmobile, airborne, and waterborne patrolling operations. The trainees perform individual and collective tasks and missions in tactically realistic environments under mental and physical stresses experienced during combat conditions.

Juliak, a rifle platoon leader, is assigned to the 3rd Battalion, 505th Parachute Infantry Regiment, Fort Bragg, Fayetteville, N.C.

He is the son of Peter and Beverly Juliak of 44 Dover St., Agawam.

The lieutenant is a 1993 graduate of Wilbraham and Monson Academy, Wilbraham, and a 1997 graduate of American University, Washington, D.C.

ADVERTISER NEWS

"Cheers!!!..."



RESIDENT LILLIAN MINER enjoyed herself at a "cocktail party" held last month at Heritage Hall's West Building. Advertiser News photo by Jack Devine.

Ag. Senior Center's Weekly Lunch Menu

Monday, March 15th: Country pie (hamburg, rice, cheese, tomatoes), salad, whole wheat bread, apples.

Tuesday, March 16th: Meatloaf with gravy, mashed potatoes, peas, rye bread, ice cream.

Wednesday, March 17th: Beef barley soup, corned beef on rye, potato puffs, pickle, cookies.

Thursday, March 18th: Baked chicken leg, sweet potatoes, broccoli, pumpernickel bread, peaches.

Friday, March 19th: Corn chowder, tuna on a roll, pickled beets, plums.

(Menu subject to change without notice.)

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For Big Brothers Big Sisters...

Michele Riley To Help Judge 'Bowling Ball' Contest Entries

Agawam resident Michele Riley, a Big Brothers Big Sisters case manager, will be part of a special panel to judge entries for the "Draw a Face on a Bowling Ball" contest that is part of the *Bowl for Kids' Sake* fundraiser at the AMF Chicopee bowling lanes on Saturday, March 27th and Sunday, March 28th.

The Big Brothers Big Sister agency is providing a chance for bowlers to win a \$100 gift certificate to Holyoke Mall for themselves as well as raising money for kids by drawing a face on a bowling ball on an entry form in the agency's current newsletter, *One-to-One*.

Entry forms are available by calling 781-4730 and are open to all participating bowlers at the weekend event. Entrants should bring their completed drawings with them when they sign-in to bowl.

Team captains and bowlers are still needed to participate.

Lane times are 9:00 a.m., 11:30 a.m., and 2:00 p.m. Because teams have the option of bowling on either Saturday or Sunday, they find the flexible schedule accommodating.

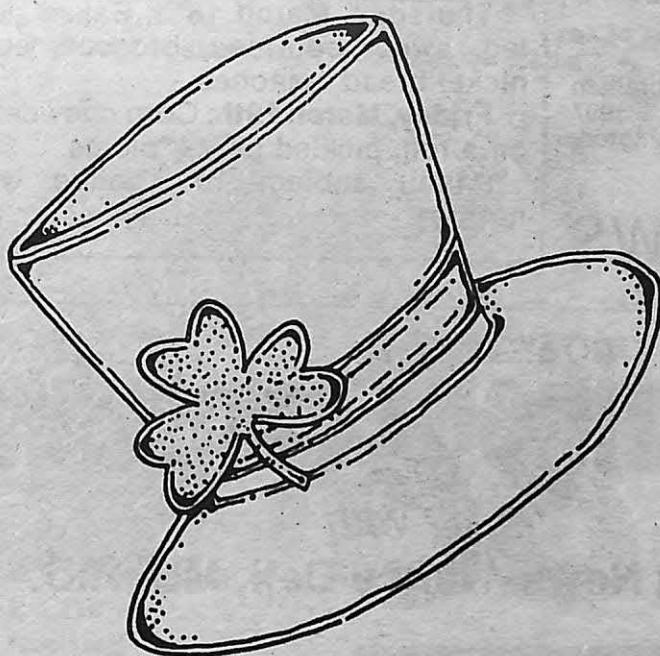
The annual spring gala features free bowling and shoes. Door prizes, tee-shirts, and refreshments will be available.

To register to be a team captain, call the Big Brothers Big Sisters office at 781-4730. For more information, visit their website at www.bigbrothers-sisters.org.

* * * 大 大

For photo coverage in The Agawam Advertiser News, call photographer Jack Devine at 789-0053; however, please give him at least 48 hours' notice prior to your event. Thank you!

* * * * *



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WILLARD COFIELD AND MICHELE RILEY look over several creative entries for the "Draw a Face on a Bowling Ball" contest to benefit Big Brothers Big Sisters.

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- On Wednesday, when you buy one reprint, get the second one **FREE** from the same 35 mm or 110 mm negative (color, glossy paper only).
- On Friday, bring in a roll of 24 exp. and/or 36 exp. to be developed, and receive a **FREE** roll of film (1-hour service only; color only).

Offer Ends March 20th!

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On St. Patrick's Day...

Clancy Brothers To Perform At Chez Josef In Agawam

The world-famous Clancy Brothers, Ireland's best-known folksingers, will bring their timeless Irish music and banter to the Pioneer Valley to celebrate St. Patrick's Day '99.

They will appear for one show only on Wednesday, March 17th, at Chez Josef in Agawam as they headline the annual Landmark Tours' St. Patrick's Day Party. Doors open at 10:30 a.m. for the gala holiday show, which will include Irish step-dancers and a full-course luncheon.

Since they first captivated American audiences in their numerous appearances on *The Ed Sullivan Show* in the early 1960's, the Clancy Brothers have continued to weave their magic spell with a blend of music, history, poetry, and wit. They have recorded numerous albums through the years and, though the personnel has varied slightly from time to time, their material is always relevant.

Local celebrity Jack O'Neill, a long-time radio and TV personality, will emcee the local St. Patrick's Day event, which commences with a welcome reception at 10:30 a.m. at Chez Josef.

A demonstration of Irish stepdancing will be performed by students of the Griffith's Academy of Irish Dancing in the Grand Ballroom, followed by a full-course luncheon (including a choice of corned beef and cabbage, baked scrod, or chicken francaise). The Clancy Brothers will take center stage at 1:30 p.m.

The Chez Josef banquet facility, located on Shoemaker Lane in Agawam, has received numerous national and regional culinary awards. This family-owned business ranks among the top 50 in America for "Restaurant and Food Service Excellence."

For reservations to the luncheon/show, contact Landmark Tours at 569-1500 (from Connecticut, call 1-800-922-6279). The cost is \$41 per person, or \$375 for a table of 10. Personal checks or major credit cards are accepted.

Landmark Tours is a member of the National Tour Association and the Greater Springfield Convention & Visitors Bureau.

Agawam Friendly Travelers Have Trip To Branson, Missouri

Join the Agawam Friendly Travelers of the Agawam Senior Center as they take a trip to Branson, Missouri, this spring for five days, April 18th-22nd.

This travel package will include: airport transfer to Bradley International; round-trip airfare; deluxe round-trip motorcoach in Missouri; four nights accommodation at the Grand Oaks Hotel; eight meals (four breakfasts and four dinners); seven shows; a tour of the Branson area; outlet shopping; all taxes and gratuities; and luggage-handling (one bag per person).

For further information, call Nellie Mathias, 786-9093, or stop by the "Friends" desk at the Agawam Senior Center.

This trip is open to the general public, and a \$50 deposit will hold your reservation.

Country Line Dance Classes Available At Agawam Senior Center

You are invited to learn something fun and stay in shape at the same time.

Country line dance classes are available at the Agawam Senior Center, 68 Meadowbrook Manor every Thursday from 1:00-2:00 p.m.

This is a fun way to get some exercise and make some new friends at the same time! Beginner and intermediate levels are welcome!!

The instructor, Lynn Connolly, is accredited by the National Dance Teachers Association and has over 20 years experience teaching dance!

So, come join us for a boot-scootin good time. See you there! For more information, call the Senior Center at 786-0400, ext 242 or 243.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!



French Toast Breakfast On April 18th

The "Friends" of the Agawam Senior Center will hold a French toast breakfast on April 18th at

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Church News

News And Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Sunday worship hour begins at 10:00 a.m. and will include the Order for the Sacrament of Baptism.

The lectionary readings for March 14th, the fourth Sunday in Lent, will be 1 Samuel 16:1-13, Psalm 23, Ephesians 5:8-14, John 9:1-41. Rev. Donaldson's sermon title is "Need a Change?"

Children are welcome to attend worship with their parents, leaving at a designated time for Sunday School; nursery care will be provided for the very young.

This Sunday and next, we will take the One Great Hour of Sharing collection. The United Church Board for World Ministries uses gifts to the OGHS offering to provide disaster response, development, and refugee assistance, and to support social service programs of partner churches around the world.

This Sunday, we will also have our monthly collection for the West Springfield/Agawam Open Pantry.

Bags of groceries and articles of clean, usable clothing, as well as monetary donations, are needed.

Church members and friends are invited to sign up for the Falcons hockey game, which will take place on March 26th at 7:30 p.m. Tickets are \$6.50 each.

Please call the church office to sign up or use the sheet posted in Griswold Hall. Lynn Hill will be in charge of ticket distribution, which will take place on Sunday, March 21st.

There will be a quilting social here on Saturday, March 13th, from 1:00 p.m. until 4:00 p.m. Everyone is welcome to bring whatever craft they are working on.

If you do not have a current project, stop by for some ideas!

The Pastor-Parish Relations Committee will meet on Sunday, March 14th, following morning worship.

The deadline for submitting information for publication in the April church newsletter is Thursday, March 18th.

On the calendar:
Friday, March 12th: 5:00 p.m. to 12:00 midnight, Creative Memories.

Saturday, March 13th: 1:00 to 4:00 p.m., Quilting Social.

Sunday, March 14th: 10:00 a.m., Open Pantry Sunday; One Great Hour of Sharing Collection; Children's Choir practice after worship.

Monday, March 15th: 4:00 p.m., Girl Scouts; 6:30 p.m., Cub Scouts; 7:00 p.m., Trustees.

Tuesday, March 16th: 7:00 p.m., A.A.; 7:30 p.m., Deacons.

Wednesday, March 17th: 4:00 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 6:30 p.m., Music Committee; 7:00 p.m., Choir; 7:30 p.m., Cub Scout Committee.

Thursday, March 18th: Newsletter deadline; 7:00 p.m., A.A.

For all the hometown news, you turn our pages each and every week...

Weekly Calendar From Ag. Congregational

This Sunday, March 14th, is the Fourth Sunday in Lent.

At Agawam Congregational Church, located at 745 Main Street, Agawam, Rev. Fuller's Sermon will be, "The Lord is My Shepherd," taken from Text: Psalm 23. His Children's Message will be, "Seeing Clearly," taken from Text: John 9:1-40.

Worship Service begins at 10:30 a.m., with Church School for Crib Room through the sixth grade taking place during the service. Church School for grades seven through 12 will meet at 9:00 a.m.

The Marie & Nick Zucco Scholarship Dinner will be held on Sunday, March 14th, at 5:00 p.m. This Deacon-sponsored dinner is free; however, all donations will be placed in the Zucco Scholarship Fund for students continuing their higher education.

Past recipients and current Junior/Senior High youth will be serving and wearing college t-shirts/sweatshirts to add to the festivities. The entertainment for the evening will be enjoyed by the very young and old.

For reservations, please call the church office at 786-7111.

On Friday, March 12th, the Confirmation Class will visit Beth El Temple in Springfield for their evening service.

A Hawaiian Luau Dance will be held on Friday, March 12th, from 6:00 to 10:00 p.m. for all youths (seventh through 12th grade). Bring a friend! A "no re-entry" policy will be in effect.

Admission is \$4 with a canned good for the Open Pantry, or \$5 without food item. Snacks and refreshments will be served.

There will be dancing, fun, games, and prizes.

The Adult Bible Discussion Group will now meet each first and third Wednesday of the month at 7:45 p.m., following the 7:00 p.m. Midweek Service.

The next Discussion Group will meet on March 17th. The topic for discussion will be your favorite Bible story.

All are invited to attend this informal, non-threatening, fun group. For more information, please call the church office at 786-7111.

Men's Prayer Time is held weekly on Tuesdays at 7:45 a.m. This half-hour includes a devotional reading, prayer, and a time of refreshments and fellowships.

All are welcome to this very special time. For more information, contact Rev. Fuller at 786-7111.

Come join us this Saturday, March 13th, from 9:00 a.m. to 12:00 noon to continue our painting project. There will be pizza and soda for lunch for all the volunteers following the project.

All supplies will be provided. Please call the church office at 786-7111 for more information or to let us know that you can help.

Valley Community Church Cordially Invites The Public

Are you new to the community and searching for a place of worship? Are you in need of some spiritual guidance, lonely for the company of good people who believe as you do, dissatisfied with the way you presently worship and serve God?

Then perhaps Valley Community Church can help you find that spiritual nourishment. "Let Your light and truth bring me to Your holy hill." PS 43:3.

Our sanctuary is located at 152 S. Westfield St. in Feeding Hills, MA, high atop a hill overlooking a panoramic view of God's blessings. We are a non-denominational church accepting people of the Christian faith who have or are looking to accept Christ as their personal Savior.

We welcome all to attend our Sunday worship service at 9:30 a.m. and hear the Lord's word and the message of His servant, Pastor Robert Loesch, who this week will enlighten us with the sermon, "Who Sets the Pace" - a message for all of us who lead busy, hectic, and sometimes confusing lives.

Following the service, worshipers are invited to attend fellowship downstairs in Dunn Hall to share refreshments and conversation before Sunday School, Confirmation Class, and Adult Bible Class start at 11:00 a.m. A visit may be all you need to realize the importance of God's presence in your life.

Wednesday, March 17th continues our informative Lenten talk series. Pastor Loesch's wonderful background and experience lend color and depth to those interesting lecture/discussions, which run from 7:00-7:45 p.m. Join us for this free and inspiring series.

Junior Choir will meet at 6:15 p.m. on that Wednesday before the talk and Senior Choir will meet at 8:00 following the discussion.

On Thursday, March 18th, there will be a meeting of the Parish Life Committee to discuss many of the upcoming fellowship activities planned for March and April.

Of particular attention is the planned trip to the Red Bucket Sugar House for a tour of the maple syrup works, followed by a delicious breakfast. VCC members and guests interested should meet at the church at 9:00 a.m., Saturday, March 20th. If you can help carpool, call Dale Pearson at 562-0100.

For further information on this growing, friendly, and Christ-centered church, call 786-2445 and one of our Deacons will be happy to return your call.

ADVERTISER NEWS

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Reflections...

submitted by
Rev. Peter Monahan
 Pastor of the New Life
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A Little Appreciation Can Go A Long Way...

Sometimes, when people encounter challenges, they look to God for help. God always responds, although not always exactly as the person asks or expects.

Nevertheless, by the grace of God, the need is met and the crisis dissipates. What happens next? Does that person go on to live a life in response to God and His great love for all people? Sometimes, but not always.

Perhaps more often than not, God's generosity and kindness is rewarded with human forgetfulness. Unfortunately, God has had more than His fair share of this kind of interaction with people. It happened repeatedly to God after he singlehandedly arranged Israel's great escape from bondage in Egypt, also known as the Exodus.

In the wilderness the whole congregation of Israel journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink.

The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people there thirsted for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and our livestock with thirst?"

So Moses cried out to the Lord, "What shall I do with these people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take in your hand the staff with which you struck the Nile. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people

may drink."

Moses did so. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The great irony of this story is that it occurred right after God had acted powerfully and decisively to free Israel from Egypt. Now, some of us might think that God should just quietly take His lumps from ungrateful people. But that's not how God sees it.

We should keep in mind that since we're made in the image of God, God is not entirely unlike us. When we go to the trouble of helping a person, we expect appreciation. We even hope that our efforts might lead to friendship or the strengthening of friendship. God does, too.

In Psalm 95 we read, O that today you would listen to His voice! "Do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, when your ancestors tested Me, and put Me to the proof, though they had seen My work. For 40 years I loathed that generation, and said, 'They are a people whose hearts go astray, and they do not regard My ways.'"

God doesn't want people's praise and appreciation just to gratify a needy ego. God knows that sometimes the challenges of our lives can overwhelm us, and even depress us, making it hard for us to hold on to hope.

He wants us to praise Him so we can better realize how much He loves us and what a wonderful friend He wants to be for every person. There is nobody whom God doesn't care about and love.

For the Lord is a great God, and a great King above all gods. In His hand are the depths of the earth; the heights of the mountain are His also. The sea is His, for He made it, and the dry land, which His hands have formed.

O Come let us worship and bow down, let us kneel before the Lord, our Maker! For He is our God, and we are the people of His pasture, and the sheep of His hand. Let us come into His presence with thanksgiving; let us make a joyful noise to Him with songs of praise!

Baked Chicken Dinner At Agawam Congregational

The Agawam Congregational Church will be holding a Baked Chicken Dinner on Saturday, March 27th, at 5:30 p.m.

The dinner will include baked chicken, roasted potatoes, a vegetable medley, cole slaw, rolls, beverages, and brownies with ice cream for dessert. The cost is \$7 for adults, and \$4 for children.

The dinner will be held at the church, which is located at 745 Main Street, Agawam. Reservations are recommended, but a few walk-ins will be accepted.

Reservations can be made by calling Anne Hamel at 786-2908 before 12:00 noon on Friday, March 26th.

— ADVERTISER NEWS —

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St. John's Parish News And Notes

PARENTS' MEETING FOR FIRST COMMUNION CLASS

On March 20th at 9:00 a.m., there will be a parents' meeting regarding the First Communion class.

Both parents are invited, but only one need attend. If you have any questions, call Sr. Fran Gloster at 786-8105.

CONTRIBUTION RECORDS

Contribution records for 1998 are still available this week at the Rectory Office.

PARISH BEREAVEMENT GROUP

The Parish Bereavement Group meets every second and fourth Wednesday of the month in the Foyer of the Parish Center from 1:30 to 2:30 p.m.

Call Sr. Fran White at 786-4499 for more information.

USED EYEGLASSES

The Franciscan Sisters are looking for eyeglasses for their Missions in Bolivia. We will have a container at the Main Street entrance to St. John's during March for any glasses "too good to throw away."

MILLENNIUM

The next meeting will be on March 14th at 6:30 p.m. We are still open to new ideas on how best to plan for our parish celebration of the millennium and the Jubilee Year.

A partial list of events planned includes Mission Week, Senior Days, Youth Days, Community Banner, Parishioner Quilt, Lecture Series, Lenten Suppers, and various religious/social events.

We encourage all of our parishioners to offer their abilities and talents.

AGAWAM CATHOLIC SINGLES CLUB

Meetings are held on the second Thursday of the month at 7:00 p.m.

Anyone interested in joining should call Frank, 789-2764, or Kay B., 786-8442.

COURSE - "MINISTERING TODAY"

The Diocese offers education, preparation, and training programs leading to certification in Pastoral Ministry.

A prerequisite course, "Ministering Today," will be offered on March 24th from 6:30 to 9:30 p.m. at the Bishop Marshall Center at the Cathedral. Forms are at the Rectory Office.

Call for more information at 452-0658.

* * *

"Church News" is a weekly feature of The AAN and is just one more reason why you turn our pages...

* * *

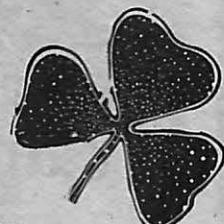
ODYSSEY II

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Church News - continued...

Lenten Activities And Events At First Baptist

Lenten activities continue at First Baptist Church this week.

Pastor Richard Barnes will speak on "Opened Eyes, Closed Hearts" at the 9:30 service of worship this Sunday. John 4:1-41 will be his scriptural text for the lesson.

"Love Life for Every Married Couple," a study group, will be led by the Pastor following the coffee hour after worship.

Other classes are available to all age groups at the same time; nursery care is provided.

At 7:00 p.m., also on Sunday, the third in the series "The Hurried Family" will be held in Davis Hall.

On Wednesday evening at 7:30 p.m., Deacon Raymond Williams, Jr. will continue his leadership of a study of the book "Six Hours One Friday" by Max Lucado. This group meets in Lockhart Parlor.

You are cordially invited to attend any of these meaningful study groups in preparation for the Easter celebration.

The First Baptist Church is located on the corner of Main and Elm Streets, and is a member of the American Baptist Churches of Massachusetts, and the American Baptist Churches, USA.

On our calendar this week:

Tuesday, March 16th: 6:30 p.m., Mr. & Mrs. Club Dinner/Meeting; 7:00 p.m., Junior Youth meeting.

Wednesday, March 17th: 10:00 a.m. to 6:00 p.m., Trading Post Open; 7:30 p.m., "Six Hours One Friday."

Thursday, March 18th: 10:00 a.m., Bell Ringers Rehearsal; 7:30 p.m., Choir Rehearsal.

Saturday, March 20th: 4:45 and 6:15 p.m., Mr. & Mrs. Club Ham & Bean Supper (Bodurtha Hall).

Coming up on Sunday, March 21st: 3:00 to 6:00 p.m., First Baptist Church to host the Western Mass. Mobile Grotonwood extravaganza. Everyone is welcome.

Saturday, March 27th: 6:00 p.m., Family night pot luck supper and entertainment by church members.

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you ... AAN!!!

At Agawam Congregational...

Greater Springfield PFLAG Announces March 31st Meetings

The Greater Springfield Chapter of Parents, Families, and Friends of Lesbians and Gays has announced that their monthly meetings will now be held at the Agawam Congregational Church, 745 Main Street, Agawam. The Church is handicapped accessible.

On Wednesday, March 31st, the General Membership meeting will be held from 7:00 to 9:00 p.m., and the Executive Committee will meet from 6:00 to 7:00 p.m. The Program Committee will meet as an arm of the Executive Committee. ALL ARE WELCOME TO ATTEND ANY OF OUR MEETINGS.

The Greater Springfield PFLAG is committed to supporting parents, families, and friends of gay, lesbian, bisexual, and transgendered persons in order to help them cope with an adverse society. This group also seeks to educate and enlighten an ill-formed public, and its advocacy efforts aim to end discrimination and to secure equal civil rights.

PFLAG provides an opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity. PFLAG affiliates are located in 425-plus communities across the United States and in five other countries.

For further information about the local PFLAG, contact Don at (413) 783-7709.

Ham And Bean Supper At First Baptist Church

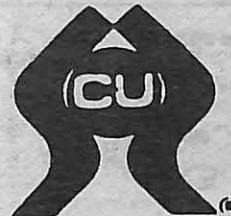
First Baptist Church of Agawam, located at the corner of Main and Elm Streets, invites you to its family-style Ham and Bean Supper on Saturday, March 20th.

The serving times will be 4:45 p.m. or 6:15 p.m. The cost is \$7 for adults, and \$3 for children under 10.

The menu will include baked ham, homemade beans, potato salad, cole slaw, rolls, beverage (coffee, tea, or milk), and assorted homemade pies.

For reservations, call 786-8609, 786-8209, or 525-2818.

(If you find you are unable to honor your reservations, please call and cancel.)

ADVERTISER NEWS**Agawam Federal Credit Union****Great Rates On Car Loans**

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8.00% APR *

36 Months

48 Months

* Annual Percentage Rate NADA Loan Value



4 Washington Avenue Extension, Agawam

786-2100

Open To All Who Live Or Work In Agawam

United Methodist Church To Hold Corned Beef Supper

The Agawam United Methodist Church invites one and all to its annual corned beef and cabbage supper.

This supper will have corned beef, cabbage, potatoes, carrots, and home-prepared desserts. Of course, there will be coffee, tea, and punch for all to please.

The supper will be served between the hours of 5:00 and 6:00 p.m. on Saturday, March 13th. Reservations may be made by calling 786-5690, although walk-ins will be welcome.

Anyone who is shut-in and would like one of these meals should also call 786-5690 and make it known they wish their meal to be delivered. The cost is \$7 for adults, and \$3 for children 12 and under.

The Agawam United Methodist Church is located at 459 Mill Street, Agawam, where it holds church services at 9:30 a.m. Like its suppers, all are welcome, but especially those of you who have not been attending any church lately. Thank you for attending.

Chicken Supper This Saturday At Valley Community Church

Why did the chicken cross the road? To get away from our famous "Chicken Supper," of course. (Statistics show only one in about 25 make it.)

The rest are prepared by our "chef's par excellence" in readiness for the Valley Community Church's monthly suppers. This month's will be held Saturday, March 13th from 5:00-6:30 p.m.

The fixings are all included in the \$7.50 adult, \$3.50 children under 12 price. As if you need more incentive (and if you have room for any more food), we throw in a table loaded with desserts that is a feast for the eyes, as well as the palette.

Join us at 152 So. Westfield St., downstairs in Dunn Hall, but you might want to make a reservation first by calling Jeff Hill at 789-2552 or the church office at 786-2445.

We may have to chase down the one that got away across the road!

For photo coverage in The AAN, please call photographer Jack Devine at 789-0053...

NOTICE**THE AGAWAM HOUSING AUTHORITY**

is accepting applications for

ELDERLY HOUSING**FAMILY HOUSING**

and

CONGREGATE HOUSING

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qualified applicants for

State-Aided Public Housing

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AGAWAM HOUSING AUTHORITY

66 Meadowbrook Manor

Agawam, MA

or by calling

(413) 786-1297

EQUAL HOUSING OPPORTUNITY



Spotlight On Business

Legal Memo

by

Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Motor Vehicle Negligence Pedestrians Hit By Bus

While walking across an intersection, the plaintiff and her husband were struck by a shuttle van transporting college students. The plaintiff was seriously injured and her husband was killed.

The plaintiff, individually and as executrix of her husband's estate, brought suit against the defendant driver, the driver's employer (a security company), and the college for which the security company was providing transportation services at the time of the accident.

Prior to being struck, the plaintiff and her husband were standing in the crosswalk, approximately in the center of the road, having been "trapped" by the flow of the traffic.

The testimony at trial was expected to establish that the plaintiffs had started walking across the street while a "Don't Walk" signal was flashing. The testimony of witnesses at trial also would have established that, immediately before impact, the plaintiffs were in the crosswalk and that the plaintiff's husband, upon seeing the defendant bearing down on them at the last moment, attempted to push the plaintiff out of the way.

The plaintiff expected to prove that talking to the front seat passenger in the van at or around the time the impact occurred distracted the defendant driver. In a criminal investigation begun on the night of the accident, the defendant driver initially admitted that he had been talking to the front seat passenger at the time of impact. He later denied this in his deposition.

There was no evidence that the defendant driver was speeding at the time of impact. The defendants claimed that lighting was poor in the area of the crosswalk, and that the plaintiff and her husband were wearing dark clothing. The defendants further expected a toxicology expert to testify that the plaintiff's husband was under the influence of alcohol at the time of the accident. The plaintiff's evidence was to the contrary.

The case was settled during mediation shortly before trial. The amount of the settlement awarded the plaintiff was \$891,000.00.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

Grand Opening For "Fashion Flair" Slated For Mar. 23rd

The grand opening of "Fashion Flair" is scheduled for Tuesday, March 23rd, at its new location, 332 Walnut Street Extension, Agawam. Freebies, giveaways, and specials will highlight the week-long event.

The seven year-old business, formerly known as "Turn-Styles designs in motion," has relocated from Monson. Owner/manager Bobbi Grant of Hampden offers a variety of designed clothing and accessories, and a special selection at 50 percent off the regular price.

Billed "Clothing as Unique as You Are," the Fashion Flair product line boasts of easy-care, smart-casual clothing and a written free replacement guarantee.

Grand opening hours are 10:00 a.m. to 5:00 p.m., Tuesday, Wednesday, and Friday; 12:00 noon to 7:00 p.m. on Thursday; and 10:00 a.m. to 2:00 p.m. on Saturday.

A portion of the grand opening proceeds will be donated to the "Friends of Hampden Senior Citizens, Inc." toward the building fund for the new Hampden Senior Center.

Our classified ads will bring
you FAST, FAST results...



CONGRATULATIONS, END RESULTS! Pictured from left to right: Pat Dudley, Deanna Nitch, Timothy Vial (who presented the plaque from Market Surveys of New England), Cathy Marble, and Melissa Webber. Missing from photo: Keri Regnier, Patty Carpenter, Diane Carabetta, Nicole Rand, Charles Collins, and Janet Kim. Advertiser News photo by Jack Devine.

End Results Receives Award From Market Surveys Of New England

Market Surveys of New England, located in Cape Neddick, Maine, is proud to announce that End Results in Feeding Hills Center has received the highest honor in the category of full-service salon in the company's recent public opinion poll.

This contract allows End Results to use the name of "Market Surveys of New England" in any

or all advertising, indefinitely. Any advertising using this survey must use the date of "1999."

Market Surveys of New England recently presented the staff of End Results with a solid walnut plaque in recognition of its outstanding achievement in the Agawam area's small business community.

"Spotlight On Business" is a regular feature of The AAN...

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Look Who's 50 And Still Nifty!



Love,
Mom, Ed, Cathy & Sons

Spotlight On Business - continued...

**Timely Tips On How To Manage Your Finances**

by Sue N. Alvanos
Personal Financial Advisor
American Express
534-3883.

What Women Should Know About Growing A Business

Using outside resources. When your business enters the growth cycle, trusted advisors can be valuable resources. If you have not already done so, develop relationships with professionals who can help you manage major issues. For example, a financial advisor can help you with financial planning strategies, an accountant can review your bookkeeping and tax structure, and an attorney can assist you with contracts and lease review.

Other valuable resources available to women business owners for support and networking opportunities are:

- The Small Business Administration Office of Women's Business Ownership. Its more than 100 mentoring roundtables, nearly 70 women's business centers in 40 states, and the Online Women's Business Center (www.sba.gov/women-in-business/) serve women entrepreneurs nationwide.
- The National Foundation for Women Business Owners. (www.nfwbo.org) A source of information and statistics on women business owners and their enterprises. This organization has conducted extensive surveys and is expanding its study of women's trends internationally.
- The SCORE Association (Service Corps of Retired Executives). (www.score.org) A resource partner with the Small Business Administration, SCORE is a confidential counseling service with more than 12,000 volunteer business counselors who share their expertise free of charge.

Caring for your most valuable assets - you and your employees. As your business grows, the benefits you offer will be key to attracting and retaining valued employees. By researching your competition and determining what you can afford, you can assemble a benefits package that offers you tax advantages and integrates with your overall financial plan.

A knowledgeable financial advisor can assist you with this process and can make sure that you and your employees are ready for what the future might hold in store.

Women entrepreneurs are changing the face of America's economy. By having a sound plan for managing resources and providing excellent customer value while your business grows, you can make sure you've played a role in the evolution.

Have A Happy Saint Patrick's Day!!!

**HALL FOR RENT:**

Non-smoking — non-alcoholic. Seating for 110 people. Handicap-accessible.

Full kitchen available Sundays for days/evenings. Office — Monday, Tuesday, and Thursday, 9:00 a.m. to 12:00 p.m.

Call 786-5061 or Bob Marsh after 6:00 p.m., 786-3143.

Use for day care center negotiable.

Feeding Hills Congregational Church

**COMMON SENSE**
with
Raymond Rose
THE PIONEER GROUP**Starting & Sticking With Priorities**

You will probably never finish every item on your "To Do" list every day. That's why it's essential that you do the most important tasks first.

Many people fall into the trap of spending most of their time on less important tasks. These low priority tasks are often easier, or may seem more urgent.

THE RESULT ... projects with a much greater potential payoff are neglected. "Not having enough time" is an avoidable excuse, and is not acceptable.

EVERYONE has time to complete one small step ... and then another ... and another. The first step is always the hardest, but once started, a project can develop a momentum of its own.

You should visualize yourself completing the task, and the rewards that you will get. Make sure that the rewards are personal and meaningful to you. Once you have started, use this visualization technique whenever your motivation lags.

Changing Your Priorities

Periodically, your needs will change, and your

priorities must change along with them. Something different may be occurring with your family or your place of business, or maybe you're just feeling overwhelmed!

If you find yourself running in too many different directions, and you feel as though you're being "eaten up," you must make some changes, and changing your priorities does not mean that you have failed.

Successful people are flexible enough to evaluate what life is all about, and to adjust their direction accordingly.

TIME-SAVING BASICS

Here are a few of the keys that I use...

- Avoid pessimists. Don't let them into your life. They will poke holes in your ideas and discourage you from even trying. "CUT 'EM LOOSE!"

- Turn off the TV. You'll gain hours of extra time every day/week.

- Fight perfection. Anxiety about not doing a **PERFECT** job keeps many people from doing any job.

- Don't be afraid to make mistakes. If you take the time to think properly, and you bring things to their logical conclusion, most mistakes can be avoided, though it's important to remember that mistakes can be useful. They show us what works and what doesn't. So, be sure to learn from them.

- Get started. Profit from your mistakes. Move on, and don't look back!

As you can see, there is great benefit to priority-setting, regardless if you achieve every goal. You learn what you really value. You develop the ability to take action, and you build pride in your achievements, which increases your motivation to accomplish even more.



ATTENTION VETERANS & RESERVISTS

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This public service workshop is proudly sponsored by **THE PIONEER GROUP** 413-731-6800

Spotlight On Business - continued...



JOAN GOODNOUGH

Joan Goodnough Is 1998's Top Agent For ERA Classics

Joan Goodnough, sales associate with ERA Classics Real Estate and head of their Agawam division, is not your average REALTOR. Certainly, she lists homes and assists buyers, but she does these tasks with the sort of attention to her customer's needs that some may term "old-fashioned."

This attention to detail helps to bring Goodnough success. ERA Classics Real Estate is pleased to announce that Goodnough is their top producing agent in 1998 with total sales of almost \$4 million.

"I don't see my sales as dollars and cents," said Goodnough. "I see people who need help and I feel compelled to offer my service."

Goodnough has been a real estate professional for 25 years. That many years builds up a level of expertise not many other REALTORS can claim.

In recent surveys, Goodnough's customers have expressed their satisfaction with her services by ranking her tops in honesty, follow-up, keeping them informed, and overall satisfaction. All respondents would recommend Goodnough to a friend or family member.

Goodnough is always ready to help another family with their real estate needs. To reach her, call ERA Classics Real Estate at 562-7681 or 789-2722.

E.B's To Sponsor "Scavenger Hunt" For Easter Seals

E.B's Restaurant, 385 Walnut Street Extension, Agawam, will sponsor the Annual Scavenger Hunt on Sunday, April 11th, from 11:00 a.m. to 4:00 p.m. to benefit Easter Seals.

The registration fee for a team of four is \$80 in advance, or \$100 at the event, and includes the clue book and post party at Shaker Farms Country Club in Westfield.

Beginning at E.B's, each team will receive a clue book with hints to popular area businesses and locations in the Greater Springfield area. At the awards party, prizes will be awarded for most items collected, most original team name, and best team uniforms.

Easter Seals programs and services include physical, speech and occupational therapy; adaptive swim; camp; equipment loan; stroke support groups, and technology for independence.

Registration forms may be obtained at E.B's Restaurant, 385 Walnut Street Extension, Agawam (789-3525) or at the Easter Seals office, 1111 Elm Street, Suite 1, West Springfield (734-6434).

Best local news!

Pam Savioli
Landry, Lyons Better
Stearns & Yerrell Homes
(413) 748-7565



Homing-In On Your Preferences...

As you start your home buying process, you'll need to define your needs, tastes, and preferences. Narrow down your search by identifying the home styles you like best — such as two-story, ranch, contemporary, or townhouse.

Decide what features you must have in a home and those you'd like to have. Do you want a two-

car garage, family room, or fireplace?

In making your decisions, consider your lifestyle realistically. If you don't like yard work, you might want a condo or a home with little landscaping. Hobbyists may need a work room or extra garage space.

Think about the neighborhood in which you'd like to live. Pick out neighborhoods that appeal to you and talk to the people who live there.

Ask your sales associate about property taxes, including any pending increases or special assessments.

Also be aware of any neighborhood restrictions. Look for evidence of good zoning practices. Businesses or industries should not be mixed in with residences. Other regulations, such as on-street parking, may also be in force.

For more real estate information, call Pam Savioli at (413) 748-7565.

PAM SAVIOLI'S column is a weekly feature of The Agawam Advertiser News...

AGAWAM PUBLIC MARKET

USDA CHOICE

Barrel-Cured Center Cut Corned Beef	
Briskets	\$2.49 Lb.
Store-Made Corned Spare Ribs (Limited Supply)	\$1.99 Lb.
Boneless Center Cut Spoon Roast	\$2.69 Lb.
Boneless Center Cut Sirloin Steak	\$2.99 Lb.
Fresh Ground Round 5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
Fresh Ground Chuck 5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Boneless Center Cut Pork Roast	\$2.39 Lb.
Boneless Center Cut Pork Cutlets	\$2.89 Lb.
Zonin Italian Sausage (Hot Or Sweet)	\$1.99 Lb.
Whole Boneless Butt	
Tenderloin	\$5.69 Lb.
Beef Round Extra Lean Stew Beef (5 Lb. Bag)	\$9.95
Grade AA Chicken Legs	59¢ Lb.
Flavorite Sliced Bacon (1 Lb. Pkg.)	\$1.59

DAIRY & FROZEN

Hood 1% Low Fat Milk (Gallon)	\$2.19
Hood 1% Low Fat Milk (1/2 Gal.)	\$1.29
Hood Orange Juice (1/2 Gal. - Plastic)	\$1.59
Grade A Jumbo Eggs (Doz.)	99¢
Friendly Ice Cream (1/2 Gal.)	2 For \$7.00

DELI

Land O' Lakes White American Cheese	\$2.99 Lb.
Kerry Gold Irish Swiss Cheese	\$3.99 Lb.
Russer Virginia Baked Ham	\$2.99 Lb.
Hormel Genoa Salami	\$2.99 Lb.
Margherita Pepperoni Sticks	\$2.99 Lb.
Thumann's Gourmet Turkey Breast	\$4.99 Lb.
Russer German Bologna	\$1.39 Lb.
Margherita Boneless Prosciutto	\$5.99 Lb.

SEAFOOD

Frozen Swordfish Steaks	\$2.99 Lb.
Cooked Tail-On Shrimp (31-40 Ct.)	\$9.99 Lb.

PRODUCE

Bananas	49¢ Lb.
Red & Green Seedless Grapes	\$1.39 Lb.
Large Size Cantaloupes (Each)	89¢
Large Size Honey Dews (Each)	\$1.69
Local All-Purpose Potatoes (10 Lb. Bag)	\$1.29
Fresh Green Cabbage	29¢ Lb.
California Carrots (1 Lb. Bag)	39¢
Onions (3 Lb. Bag)	89¢

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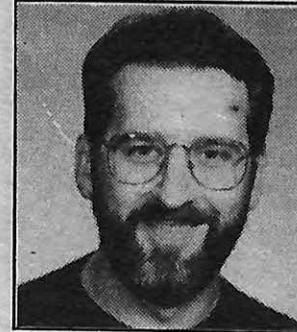
Fresh
Ground Chuck
\$7.99 (7 Lbs.)

The staff of Agawam Public Market wishes everyone a happy St. Patrick's Day!

* * *

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"Let's Talk About It"
by Dan Pender
Marriage & Family Therapist
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Agawam, MA 01001
(413) 789-4460

What Is Family Therapy?

The process of working in Family Therapy is oftentimes an opportunity to face some kind of conflict or stuckness with a professional who is specifically trained to help an individual, couple, and/or family to affect change. Change often requires some degree of conflict and anxiety to be managed. In human relationships, conflict and anxiety take many forms and can be relieved in many ways.

The Family Systems Therapy approach I practice begins from a position that one's *strengths and resources*, as well as one's *stuckness*, relates to nearly any presenting concern, in some degree or other, to the workings of one's family system and one's functioning position in it. We learn how to do relationships. Thus, when it comes to affecting relationship change, working with a motivated person or persons in a family allows me to "coach" the consumer (client) to **name** or **identify** what their learned role or relationship patterns are. These often go **unnamed** and unknowingly serve to help remain stuck and limited within one's system.

For example, your presenting concern is needing to get out of always being in the middle or wanting to stop putting yourself last all the time. This dilemma can usually be traced to the role or function you served in your birth family (family of origin). The role might be **named** the "mediator" or "the responsible one."

In other words, everyone doing their family-determined role helps to serve the needs and survival of the family. At first glance, one can nod their head with approval, thinking, "Yes, of course, that's how families survive and pass down their values and resources through the generations."

However, when these roles become problematic, they often take shape in the numerous symptoms of our day: abuse, addictions, anorexia, depression, employment dissatisfaction, infidelity, parenting concerns, schizophrenia, suicide, etc.

Once identified, one's role is taken seriously and the "coaching" process is one in which we work with one's original family system **through connection with them** (*not cutting off from them*), but doing so in **new and different ways** so as not to repeat the same relationship pattern(s). This role, or **sense of self** developed from it, allows one to look at what relationship skills have been learned and see how they have been used both positively and/or negatively in the past. This self identity impacts the presenting concern today and how one can manage it in the most healthy way possible into their future.

A goal of family therapy then entails finding resources and creative options, which can sometimes be subversive, in order that alternative living in the present can be lived as free and as full of one's unique potential as possible.

Family Therapy does not seek to place "blame," rather it values the individual, couple, and family from a "systems" perspective. More to come on this and other important relationship concerns.

Please write to me about a relationship question or concern and "Let's Talk About It."

Dan Pender, MF, MFT, is a Marriage & Family Therapist with a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy and can be reached at P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

Agawam Health Dept. Seeks Donation Of Various Medical Items

The Agawam Health Department has a medical supply loan closet. In our closet, we have walkers, crutches, elevated toilet seats, and wheelchairs, but only in limited supplies.

Therefore, if any resident in town has any of the items mentioned above in good working condition and would like to donate them to our closet, we would greatly appreciate it.

To borrow from our closet or donate to, you may contact our office at 786-0400, ext. 207. These items will be lent out on a short-term basis. If you need these items long-term, your insurance carrier should cover the cost of any purchase simply with a physician's order.



Your Back And Your Health
by Dr. Joseph S. Schlaffer
Schlaffer Chiropractic Offices
192 Shoemaker Lane
Agawam

Basic Biological Evidence That Spinal Manipulation Works...

If you see your chiropractor regularly, you know how much better you feel after and between visits. You also know that your chiropractor is not only providing relief from such symptoms as aches and pains, but also contributing to your overall well-being.

But is there objective, measurable, scientific evidence that spinal manipulation affects the way your body feels and functions? Some fascinating research offers proof that the body responds at a very basic level to what chiropractors do for their patients.

Men and women employed by a large Australian corporation volunteered to undergo chiropractic spinal manipulation and have their reactions measured. To assess the impact of chiropractic, the researchers measured the cortisol (hydrocortisone) levels in the saliva of the subjects before, during, and after treatments over several weeks.

Cortisol is released by the adrenal glands when the body is under stress or injured. In many research subjects, their cortisol level was reduced or not increased while they experienced spinal manipulation therapy. This observation suggests that chiropractic treatment has a measurably, entirely real calming and physically soothing and restorative effect.

Keep going to your chiropractor regularly and tell your friends and loved ones about the results of this study, and about how much better chiropractic care makes you feel.

Drs. Joseph and Katherine Schlaffer have been helping young and old alike get well, naturally, for over 20 years. Call 789-1369 or 789-1073 for an appointment.

Hearing Screenings At Senior Center

Mercy Hospital's Weldon Mobile Hearing Center will conduct free hearing screenings and hearing aid checks at the Agawam Senior Center on the last Monday of the month, March 29th, beginning at 9:00 a.m.

In addition, full diagnostic hearing tests, evaluations, fittings, sales and service of hearing aids, and assistive-listening devices, can be scheduled on a fee-for-service basis.

The hearing van's audiology equipment is operated by nationally-certified audiologists from the Weldon Hearing Center at Mercy Hospital.

For a reservation, call the Agawam Senior Center at 786-0400, ext. 242 or 243.

Individual, Couple & Family Therapy

...naming the **unnamed** begins the process of healing and facing the **unknown...**

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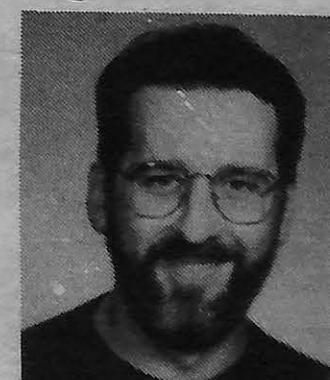
- Marital and relationship conflict
- The connection between therapy and spirituality
- Parenting and school related issues
- Death, Loss & transitions
- Feminism and men's issues
- Finding & protecting the inner child and true self

Free initial consultation Sliding Scale Fee available



Daniel Pender, MA.,M.F.T.
Marriage & Family Therapist

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IN: (413) 789-4460**



Fitness Tips...

Energy— Mental Vs Physical

by Carmela A. Kirk, RN
Fitness Director, Fitness First

I hear it all the time, "At the end of the day, I just don't have the energy to work out." I also hear, "I have so much more energy if I work out." Contradictory? Not really.

Energy comes from different sources. There is mental energy that comes from our attitude, thoughts, self-talk, feelings, and emotions. There is also physical energy that comes from good fuel, rest, and proper training.

As you know, the mind and body are one. I've stressed this before. The are dependent on each other; the body simply follows the mind. We are taught in Spinning that being able to control our mental state, our mental energy, gives us the ability to do physically what we otherwise wouldn't be able to do.

Many of us have very sedentary jobs; sedentary jobs, sitting behind a desk, at a computer, deadlines, co-workers, stress. The list goes on. At the end of those days it is natural not to have any energy, but be aware, you have no *mental* energy. If we have no mental energy, we need a source for your physical energy. Exercise will do it.

Go for a walk, a bike ride, take a class, or lift for a while. Not only will this release all the stress of your day and built-up frustration, but it will give your mind a chance to replenish its energy. Replacing that mental energy will make the circle complete. Physically, you'll feel better. Mentally, you'll feel better.

I've experienced this myself many times. Feeling exhausted after being home with the kids all day when they were younger, making myself exercise even though it was the last thing I wanted to do, then going home completely re-energized.

Or, being at work all day, taking care of patients, feeling many of their emotions, calculating drug dosages, being completely overwhelmed, then going home. Too exhausted to even think about exercise, I still need to do dinner, baths, schoolwork, and storytime.

Then supermom crashes into bed after probably snapping at the kids a couple of times, neglecting my husband and his day, and hating everything. All that could have changed with a 20-minute walk around the block.

Dinner, baths, schoolwork — everything can wait 20 minutes, and you'll be so much more efficient at it after the walk. Take the time to replenish your energy. The results are astounding.

If you need energy, go get it — it works!

* * *

Carmela A. Kirk's "Fitness Tips..." are a regular feature of The AAN.

* * *

For Your Health - continued...

Senior Services Available From Allied Transportation

You'd like to invite Aunt Alice to a family wedding, but don't know where to turn for affordable wheelchair transportation. If she's 60 or over, or is disabled, Allied Transportation Services, Inc. of Enfield can help.

Allied operates four vehicles, two of which are wheelchair vans, fully licensed by the state Department of Transportation as livery vehicles. Door-to-door service is provided, including assistance to both ambulatory and wheelchair customers as requested. All Allied drivers are trained in CPR.

Customer pick-up areas include Hartford and north central Connecticut, Manchester, Vernon, Rockville, and Tolland. Destinations can be located throughout Connecticut and in nearby parts of Massachusetts. Examples include medical/dental appointments, dialysis, work, family holiday gatherings, hairdresser, shopping trips, theaters and plays, graduations, restaurants, and the like.

All trips are scheduled in advance. Services are available evenings, weekends, and holidays by request as well as during normal business hours. Individual and group rates are offered, as well as gift certificates.

Allied Transportation is also an authorized livery provider for the Connecticut Medical Assistance Program, Title XIX.

For scheduling and rate information, please call (860) 741-3701, ext. 324 between 8:00 a.m. and 4:00 p.m.



WHEN THE RECREATION STAFF AT SUFFIELD HOUSE organized a group outing to see "The Nutcracker" in Windsor, they called Allied Transportation Services to arrange transportation for their wheelchair patients. In the photo above, Allied driver Patt Luman (left) and Suffield House staff member Nancy Muldoon assist resident Ernestine Janzunski into a wheelchair van. Allied offers individual and group transportation services and can schedule trips on evenings, weekends, and holidays upon request.

For photo coverage in The AAN, call photographer Jack Devine at 789-0053; however, please give him at least 48 hours' notice prior to your event. Thank you!

HOW CLOSE ARE WE TO A CURE FOR CANCER?

IN HER CASE, ABOUT 31 MILES.

While advances in medical research have given thousands of Americans with cancer more hope than ever, we still haven't been able to solve the most basic problem of transportation.

But you can help. And we hope you will. Through the American Cancer Society's Road to Recovery program, you can help by volunteering to drive a cancer patient to and from a treatment facility. If you have a car, safe driving skills, and can drive as little as one morning or afternoon a month, you can help give someone the most precious of all gifts: the chance for a fuller life.

For more information, call your American Cancer Society at 1-800-ACS-2345. Call today. And help us drive cancer from the face of the earth.

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For Your Health - continued...

Program On Women's Health Issues At The Agawam Library

On Monday, March 22nd from 7:00-8:30 p.m., Janice Canegallo will present a program on women's health issues at the Agawam Public Library.

Topics to be discussed include menopause, osteoporosis, breast health, and cardiovascular health. Ms. Canegallo, R.N., M.S., will emphasize staying healthy. All adult women are encouraged to devote an evening to themselves, so they will better understand how decisions they make today can enhance their future well-being.

As part of the program, Ms. Canegallo will field questions from participants. Please call the library at 789-1550 to reserve a space for the program.

This program is part of a series of health programs for adults that the library is offering this year. In addition to the programs, the library has purchased over 259 new health items for the library collection.

The library's effort to expand its health collection and to inform the public about issues affecting their health is made possible with Federal funds administered through the Massachusetts Board of Library Commissioners.

Cancer Support Group To Meet At Mercy On Monday Evenings

Persons with cancer, their families, and friends are invited to attend Mercy Hospital's Cancer Support Group. Meetings are conducted Mondays, 7:00 p.m., in the Deliso Conference Center, and are free of charge.

The group offers information on topics of interest to cancer patients, and provides an opportunity to share experiences in a friendly, supportive atmosphere. Meetings are facilitated by Sr. Madeleine Joy, S.P., of Mercy's Pastoral Care Department.

For more information, call the Pastoral Care Department, (413) 748-9453.

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Agawam, MA 01001

(413) 789-0031

Support Groups, Courses, And Programs At Noble Hospital

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Stroke Support Group: Wednesday, March 24th, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Free of charge and open to individuals recovering from a stroke, spouses, caregivers, and other interested persons.

The topic of this meeting will be "Adapted Leisure Activities."

Crohn's and Colitis: Tuesday, March 16th, 7:00 to 8:00 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to people with Crohn's or colitis and their support persons.

Claire Tatro: a Certified Hypnotherapist, will speak on "Coping Strategies and Stress Management Tactics."

Diabetes: Tuesday, March 23rd, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to individuals who have diabetes and their support persons.

COURSES/PROGRAMS/CLINICS

Free Athletic Injury Clinic: Thursday, March 18th, 5:00 to 7:00 p.m. At Noble Hospital's Sports and Rehabilitation Center, 76 Main Street, Westfield.

On the first, third, and fifth Thursdays of every month, a certified athletic trainer will evaluate athletic injuries. Then, based upon the evaluation, remedial exercises or physician referral may be recommended.

For an appointment, call 562-3522.

Smoking Cessation - "Forgetting Cigarettes": Sundays, March 14th and 21st, 7:00 to 8:30 p.m. In Conference Room B at Noble Hospital.

This two-part program with Joseph Barako, R.N., Certified Hypnotherapist, uses hypnosis to eliminate your desire for smoking and allows you to forget cigarettes forever.

The registration fee for this program is \$40 and is paid the evening of the first session. Seating is limited, and pre-registration is necessary.

To pre-register or for more information, call Noble Hospital's HEALTH BEAT at (413) 568-2328.

Cosmetic/Plastic Surgery with Dr. Gary Russolillo: Tuesday, March 16th, 6:30 to 7:30 p.m. In Conference Room B at Noble Hospital.

Gary Russolillo, M.D., will present a lecture about Body Contouring, Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Procedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a complimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required. To register, call Noble Hospital's HEALTH BEAT at (413) 568-2328.

CPR Course: Wednesdays, March 17th and 24th, 6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart Association Adult, Child, and Infant Certification. The cost of the course is \$45.

To register or obtain more information, call Noble Hospital's Education Department at (413) 572-5172.

Natural Family Planning Classes To Begin On March 17th At Mercy Hospital In Springfield

A series of natural family planning (NFP) classes begins Wednesday, March 17th, 6:30 p.m., at Mercy Hospital, 271 Carew St.

The series includes three two-hour group sessions and two private consultations with a certified NFP instructor.

NFP is a holistic family planning option based on understanding and recognizing the natural

cycles of fertility and infertility. It offers couples a lifelong method of achieving or avoiding pregnancy without the use of drugs, devices, or surgical interventions.

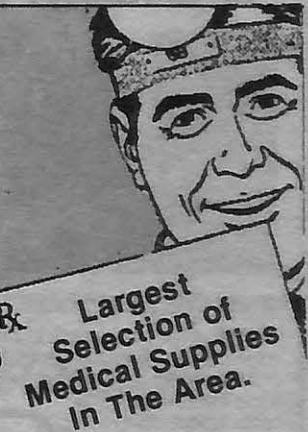
Registration is required; a sliding fee scale is available. For more information and to register, call (413) 748-7265.

Remember, our deadline is each Tuesday at 12:00 noon...

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Arts



A Weekly Look At Your Horoscope

by Dale Platenik

Pisces (Feb. 19th to March 20th): This week, Pisces, the Gulf Stream is shifting a little and both of your fishes will swim together. This is an opportunity for you to accomplish those things you've been wanting to do. It is also an opportunity for you to take a good look at that other fish and discover you have more in common than you think.

Aries (March 21st to April 19th): You may find yourself getting a bit heady in your rush to the top this week, Aries. But, look at it this way — how do you feel about the person standing behind you in line at the supermarket pushing his cart into your ankles? Remember there is a difference between being aggressive and being assertive.

Taurus (April 20th to May 20th): Do you have a little friction in a relationship right now, Taurus? Think of it this way. If you plant a garden and want it to flourish, you have to spend time with it. It needs to be nurtured. Slow down, experience the flowers; your effort will be worth it.

Gemini (May 21st to June 20th): Are you being pulled by a cogent desire to accomplish something of importance to you this week, Gemini? Your only obstacle is that you don't quite know how to do it? If you are looking for answers, go inward. You already possess all the information you need. Listen to your heart.

Cancer (June 21st to July 22nd): O.K., Cancer, sit and think, "Who is the real me?" The one who doesn't feel they have to be something for someone else or feels overburdened with demands for others. It isn't selfish to introduce that real person to yourself and others in your life. It could be a pleasure for all of you.

Leo (July 23rd to Aug. 22nd): Think of the lion

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and its symbolism, Leo. Lions usually bring to mind pride. Not everyone knows that a lot of times your proud roar is covering up feelings of uncertainty and doubt. Invent a crack in your armor, let people in. It could feel good to purr for a while.

Virgo (Aug. 23rd to Sept. 22nd): Some amusement parks have a House of Mirrors that holds a certain fascination for many people. Why do you think that's so, Virgo? It could be the challenge of succeeding — getting past the glare of the reflections and overcoming the fear of not being able to find a way out.

Libra (Sept. 23rd to Oct. 22nd): For almost a month now, Libra, I've been urging you to do something besides waver. You've been tempted and almost have tried. Action, however, means more than lip service. This would be a good time to just jump into the swamp and figure out what comes next ... after you're already there.

Scorpio (Oct. 23rd to Nov. 21st): You shine this week, Scorpio. There are things going on all around you and you notice all of them. You even enjoy them; they vibrate with something in your inner-self. What you don't understand is why others aren't "getting it." They don't have to; this week's events are a gift from the universe to you.

Sagittarius (Nov. 22nd to Dec. 21st): Have you heard of the Green Man, Sagittarius? In folklore, he is pictured as a face inside lush foliage. He is one with his environment, and as such is interconnected with every other living thing. He has inner peace. Your assignment this week is to mediate on the Green Man.

Capricorn (Dec. 22nd to Jan. 19th): Did you almost reach your pinnacle when the rockslide made you jump off your path? Not everything that appears to be a setback is a calamity. How long has it been since you've done some frivolous thing just for the fun of it? Now could be the time.

Aquarius (Jan. 20th to Feb. 18th): I know you like to take that cosmic water jug your sign carries and go globetrotting to dilute major world problems. But, this week, Aquarius, would be a good time to stay home, fill your jacuzzi, and spend time with those you hold near and dear.

(Editor's note: Dale Platenik of Holyoke has been an astrologer for 19 years, has taught it and related subjects, and works as a counselor in the field. She does individual Astrology charts based on the time, place, and date of birth. Charts can be natal, progressed, for couple's comparison, or used for business. She can be reached at 539-5934.)

Annual Joint Mtg. Of Historical Groups

The Ramapogue Historical Society of West Springfield will host the annual joint meeting with members of the Agawam Historical Association on Tuesday, March 16th at 7:30 P.M. in the fellowship hall of the First Congregational Church located on Park Street.

Robert Magovern, Vice-President of the Agawam City Council, will speak on "The Origins of the Massachusetts Bay Colony and the Burning of Springfield." A respected and knowledgeable 17th century historian and lecturer, Magovern will revive a bit of local history often forgotten in modern textbooks.

The burning of Springfield is an incident which occurred during the 1675-76 Indian uprising known as the King Phillips War, portions of which were waged throughout the Connecticut Valley.

The program will be preceded by a brief business meeting and refreshments will be served at a social hour following Magovern's presentation. Fellowship Hall and parking are located on Lathrop Street (behind the church).

Visitors are welcome to attend. Further information may be obtained by calling 732-6182.

Winter Schedule At Ballroom Academy

The American Academy of Ballroom Dance, 33 Russo Circle, Agawam, has announced its winter schedule.

Every Monday Night: Group Classes & Dance Party. Starting at 7:30 with two group classes. Followed by open dancing from 9:30-10:00. Light snacks and beverages will be served. \$10 admission per person. Come with or without a partner. Call for information.

Every Friday Night: Group Classes & Dance Party. New. \$10 admission includes: Two Social Group Classes from 7:30-9:00 and open dancing following from 9:00-11:30. Light snacks and beverages served. Come with or without a partner. Call for information.

Every 2nd & 4th Saturday Night: Ballroom Bash Dance. \$10 per person includes: group from 7:30-8:00. Dancing from 8:00 'til 11:00. Come with or without a partner, call for information.

All events held at The American Academy of Ballroom Dance. For more information, call (413) 786-5125 or fax (413) 786-5111.

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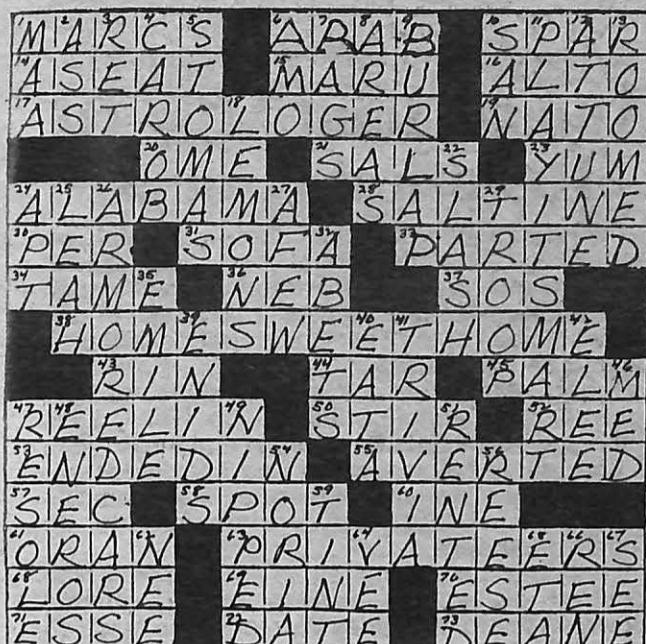
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Last Week's Solution...

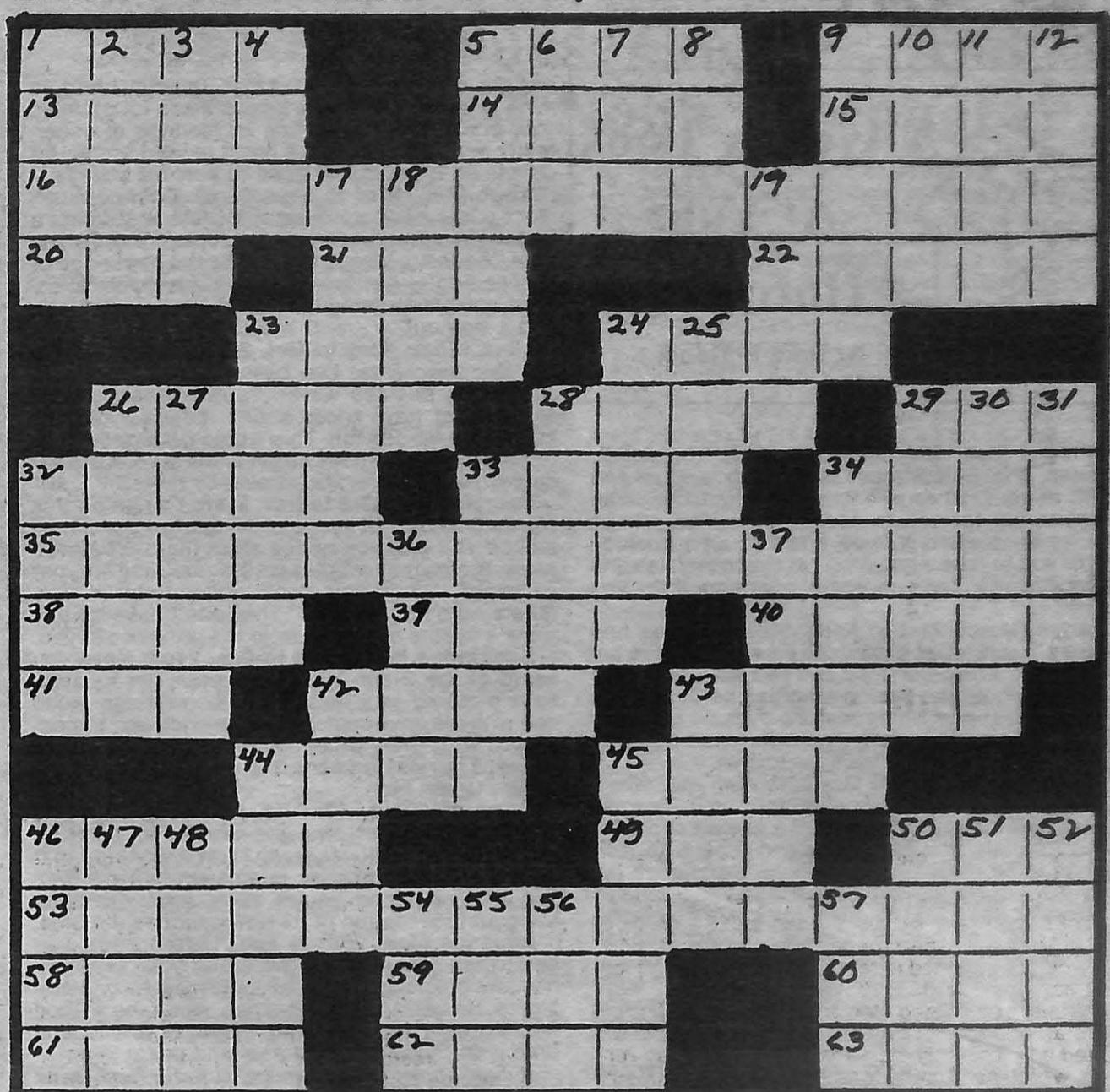


ACROSS

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37 " — God"
42 Sheltered side at sea
43 Castle protector
44 Like a rainbow
45 Actress Ada
46 "Madam, I'm —"



* * * * *

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WestFest Arts Festival Seeks Volunteers

The 18th annual WestFest Arts Festival is planned for May 15th-16th. Activities are planned to make this year's festival a fun-filled weekend for all ages.

Presently, we are seeking volunteers to work the weekend of WestFest. Jobs include staffing art display areas, providing artist respites, assisting with Youth Art activities, and set up and knockdown.

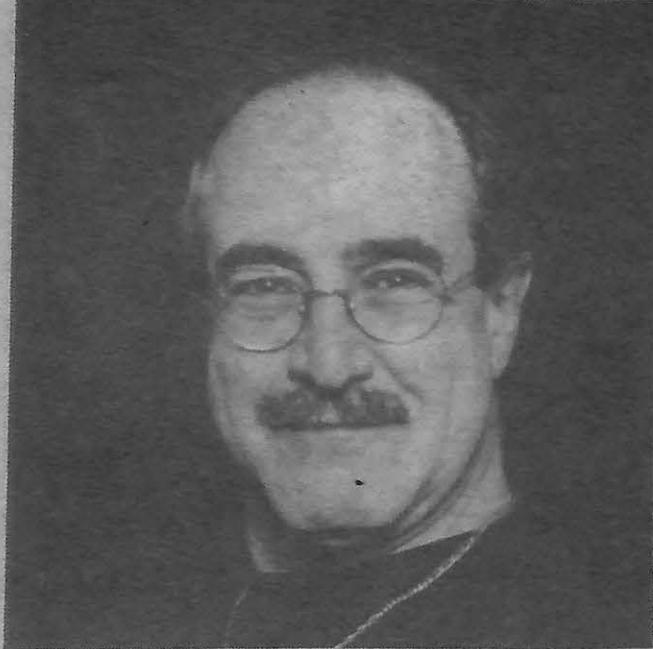
Anyone who is interested in volunteering to work at WestFest on May 15th-16th or the week preceding the festival should contact Kate Pighetti at 568-7476 or Linda Ryter at 572-6734.

"The World Of Owls" Coming To Agawam Public Library

The Agawam Public Library is presenting a program entitled "The World of Owls," on Saturday, March 20th, from 2:00-3:00 p.m. in the Community Room at the library.

Julie Collier from Wingmasters will show several live owls, and explain the natural history, fantasy, and folklore of these mysterious birds. Julie is licensed to care for injured owls and other raptors, and to house those that cannot be released into the wild.

This is a program the entire family will enjoy. Registration is required and space is limited. Children aged five and up, and grown-ups, too, are welcome to sign-up in person at the library, or by calling 789-1550.



BOB KAY OF AGAWAM

Bob Kay To Appear In Theater Project's "Anne Frank"

Agawam resident Bob Kay will perform in the Theater Project's production of *Anne Frank*, according to Producing Director Danny Eaton.

Anne Frank, by Meyer Levin, will be presented at the Majestic Theater in West Springfield, the Pioneer Valley's only full-time theater, March 11th-13th.

The play was the first authorized stage adaptation of Anne Frank's diary, written in 1951. Levin, a World War II-era newspaper correspondent, saw his work suppressed in favor of the Broadway play that became *The Diary of Anne Frank*.

Initially considered "too Jewish" and "not commercial enough," Levin's work has since been hailed as "infinitely superior to the Broadway version, which put aiming for a hit above faithfulness to the source." Still, notes Eaton, the play has only been seen approximately a half dozen times in the world.

Tickets for this play are available by contacting the box office at (413) 747-7797 during its operational hours of Tuesday, Thursday, and Friday, 2:00-5:00 p.m.; Wednesday, 4:00-8:00 p.m.; and Saturday, 10:00 a.m.-1:00 p.m.

Springfield STARS Club Announces Two Special March Events

The Springfield STARS Club is pleased to announce two very special events for the month of March, both free and open to the public.

On Tuesday, March 23rd, Mr. William L. Putnam will speak to the STARS Club and guests at the Tolman Auditorium in the Springfield Science Museum, at 7:30 p.m.

The topic will be "The History of Lowell Observatory." Mr. Putnam is currently the sole trustee of Lowell Observatory. He is well-known in the Springfield area for his civic leadership and work as a pioneer television broadcaster.

He is the author of numerous books and articles, including *The Explorers of Mars Hill: A Centennial History of Lowell Observatory*. The public is invited, admission is free. Free parking is available adjacent to the Science Museum.

The Lowell Observatory has had a prominent place in American Scientific research for over a century. Lowell Observatory contributions include early Mars research, the discovery of the planet Pluto, discovery of the first evidence of the expansion of the universe, and lunar and planetary research, providing critical data for NASA to direct spaceflights.

Mr. Putnam is the grand nephew of Percival Lowell, founder of Lowell Observatory in 1895. The Lowell Observatory, headquartered in Flagstaff, Arizona, continues to conduct state of the art astronomical research. For more information, please see the official Lowell Observatory web site at <http://www.lowell.edu>.

On Thursday, March 25th, the STARS Club will host a free public stargazing and planet watch at the Agawam Public Library, 300 Cooper Street, Agawam, from dusk (approximately 6:00 p.m.) until 9:00 p.m.

Several large telescopes will be set up outside the library to view Venus, Saturn, Mars, the moon, star clusters, and galaxies. At 7:30 p.m., STARS Club president Ed Faits will present a short slide talk (suitable for all ages) in the library community room on "A New Look at our Solar System: Looking for life in all New Places." If cloudy, indoor activities will still take place on Thursday, but observing will be postponed until the next clear night.



IRENE SCANLON OF AGAWAM (left) and Daphne Calkins in rehearsal for the Encore Players' latest production, "THE SHADOW BOX."

Encore Players To Present "THE SHADOW BOX" For Its Spring 1999 Production

The Encore Players will present its spring production, "THE SHADOW BOX," written by Michael Cristofer, on March 11th, 12th, 13th, 14th, and 18th, 19th, 20th, and 21st at the Lower Level Theater, St. Luke's Church, 961 St. James Avenue, Springfield (near Serv-U).

This Tony Award and Pulitzer Prize winning play is funny and moving as it deals with relationships and the challenges of terminal illnesses.

Agawam resident Irene Scanlon will appear with Daphne Calkins. Both have been seen with several community theaters in this area. Also in the cast are Floyd Patterson, Jr., John Dion,

Marge Huba, Kathy Grady, Bill Jackson, Mark Coffey, and David Blanchard.

Director is John McKemmie, assisted by Ellen Rivers as producer with Bob Whitney as set designer, Omer Sielawa on props and Mary Pipares on lights.

Curtain at 8:00 p.m., except for two Sunday matinees at 2:00 p.m. Tickets are available for \$8-\$10 at The Golden Peacock on White Street at Sumner Avenue, Springfield, or at the door.

Ticket reservation is recommended. Call (413) 735-1764.



THE EVIL DRIADS of witch Gorgonzola try to prevent the rescue of a captive Princess' heart in STAGE Children's Theatre's production of "Heart of Ice."

STAGE Children's Theatre's "Heart Of Ice" To Be Performed This Weekend In F. Hills

Sleeping Beauty pricked her finger on an evil witch's spinning wheel and fell into a deep sleep until her Prince arrived. Snow White ate a poison apple from an evil Queen and fell into a deep sleep until her Prince arrived. "Heart of Ice" is another such fairy tale written by and presented by STAGE's Children's Theatre at The Red Door Theatre, 152 S. Westfield St. in Feeding Hills, MA.

In this exciting play, produced by student actors attending the popular after-school drama camp, the wicked fairy, Gorgonzola (played by Agawam's Sara Dorans), steals the heart of the Princess (Jennie Clark of Agawam) and seals it in her ice palace.

The heart, with all the feelings of the Princess, is protected by the witch's henchgnomes Ricky Avanti, Greg Kanteres, Samyah Dahdul, and Diana Demont, all of West Springfield, and an unknown creature that lurks within the ice cave.

Gorgonzola has surrounded the palace with a living forest of tree Driads to prevent the Knights

of the realm, sent by their Queen (Alison Ventulett of Agawam) from rescuing her daughter.

It is not until the unlikely hero, Mannekin, played by Jason Frank, arrives with his faithful, enchanted dog Max (Frankie Roda of Agawam), and the enchanter, Atragon (John Albano of West Springfield), does Gorgonzola meet her match.

The whole Knigdom of Knights, Ladies, and Fairies played by Kaila Pirnie of Feeding Hills, Sara Dion of Westfield, Gregory Bannish of West Springfield, Erin Daley of Windsor, Connecticut, Mary Bauchiero and Francesca Cordi of Suffield wait anxiously to hear the news of the fate of their Princess' "Heart of Ice."

"Heart of Ice" runs Friday and Saturday, March 12th and 13th at 7:30 p.m. and Saturday and Sunday, March 13th and 14th at 2:00 p.m.

All tickets are \$5 and reservations are strongly suggested. Youth and scout groups may inquire about make-up and backstage tours following the show by calling (413) 789-2026.

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Max Kibbe's Classified Ad Wins \$50 In Spfld. Union-News Contest

by Kathy Cassanelli
News Editor

Okay, so it's not exactly the hottest new toy of the 21st century. It doesn't even exist. But, the classified ad promoting Triple Setter was good enough to win \$50 for a Robinson Park third-grader.

Max Kibbe doesn't know where he got the idea for Triple Setter. "It just popped into my head," Max said.

But, he does know how he'll spend the \$50 coming his way for taking first prize for the third grade in the annual writing and art contest sponsored by *The Springfield Union-News*.

"I'm going to buy a Furbee and then I'm going to save the rest for when we go on vacation to the Cape in July. I'll use the money for souvenirs and other things that interest me," Max said.

Open to first through 12th grade students, the writing contest is divided into four grade level categories with differing writing assignments. Students in grades one through three were asked to write a classified ad seeking to buy or sell the hottest new toy of the next century. Students could either design a toy and then write an ad sell-

ing their toy or they could write an ad to find the toy.

Third grade teacher Deborah Buzze works with her students on a variety of writing skills and sees the contest as a good way to help her students practice another set of writing skills in a way that is fun and, potentially, rewarding.

"We do a lot of writing in my room," Miss Buzze said. "The kids all write descriptive paragraphs, stories, and autobiographies and they were excited about writing an ad for the contest."

Max said he used lots of exclamation points at the end of his sentences to make the Triple Setter sound more exciting and he chose \$29.95 as the price because "most prices are like that. It just sounds less than \$30."

According to Max's prize-winning ad, Triple Setter is an army vehicle which can be changed into a jet, a tank, or a jeep. Triple Setter comes complete with a set of army action figures and a remote control. To order, call 1-800-TRIPLES.

For Parents Of Incoming Seventh-Graders...

Agawam Junior High To Hold "Scheduling Information Night"

The Agawam Junior High School has planned a "Scheduling Information Night" for parents of incoming seventh grade students (present sixth grade class) on Wednesday, March 24th, from 7:30-8:30 p.m. in the Junior High School auditorium to explain the course selection process for the incoming seventh grade students.

We believe this informational program will facilitate your child's transition to the Junior High School next September. In addition to the seventh grade curriculum and scheduling process, the program will feature information regarding

homework requirements, progress reports, handbooks/agendas, promotion policy, honor society, and other organizations.

School principal Kevin Littlefield, assistant principal Marc Costanzi, and guidance counselors Jeanne Trinque and Frank Meagher will be present to answer any individual questions or concerns.

We look forward to meeting you on Wednesday, March 24th and welcome your support in the education of your children.

Agawam Public Schools Announce Screening Dates For Incoming Kindergarten Students

The Agawam Public Schools will be conducting registration and screening of children entering kindergarten in September 1999.

Children who will be five (5) years of age prior to October 1st are eligible for enrollment in kindergarten in September.

Chapter 766, the Massachusetts Special Education Regulations, requires that each school district provide services for identifying children with special needs. Screening is not a test nor an in-depth evaluation, but an observance of how a child is growing in different areas of development.

A screening team, composed of specialists, will

be observing the children's development in several areas, namely: Speech, Language, Gross and Fine motor, Behavior, and Physical Development. This process will be completed during the kindergarten registration which will be held at the elementary schools.

Screening dates are as follows: Robinson Park, March 24th & March 25th; Phelps School, April 8th & April 9th; Granger School, April 15th & 16th; Clark School, April 29th & 30th.

Parents who have not already contacted their neighborhood school should do so immediately. Children will be screened by appointment only.

Agawam High's Guidance Bulletin

College Acceptances: Congratulations!

Rob Wrigley: Holyoke Community College

Nicole Macey: University of Massachusetts

Robert Fuller: College of Wooster

Joseph DeCaro: American International College

Tim Faust: Springfield Technical Community College

Chris Trevethan: Holyoke Community College

Asbel Nunez: Holyoke Community College, Springfield Technical Community College

Sarah Ryder: University of Massachusetts

Jessica Bardsley: Westfield State College

Mario Santillo: Syracuse University

Alicyn Siano: Syracuse University

Jennifer McGuire: University of Massachusetts at Dartmouth

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* * * * *



MISS DEBORAH BUZZEE with Robinson Park student Max Kibbe, who recently won first prize for the third grade level in *The Springfield Union-News* annual writing and art contest. Advertiser News photo by Jack Devine.

WestFest Offers Arts Scholarships

Applications are now available for the 1999 WestFest Arts Scholarship Program. This innovative program will offer awards totaling \$3,000 to talented area young people to further their studies in the visual and performing arts.

Awards are paid directly to the school or instruction program named in the application, or as reimbursement for supplies and equipment. Eligible categories include visual arts, dance, drama, music, and writing.

Applicants will be evaluated upon merit (not necessarily based on financial need) and talent, with consideration given to the applicant's genuine interest in the arts, recommendations, community activities, and other information.

Applicants must be residents of Hampden County in Massachusetts, and applications must be postmarked by March 15, 1999.

Application forms are available through local school departments.

WestFest Arts Scholarships are given in conjunction with the annual WestFest Arts Festival. The event is a community cultural program developed by the WestFest Arts Council and produced by WestFest Inc., a non-profit organization whose purpose is to foster cultural enrichment in greater Westfield.

The festival celebrates its 18th anniversary on May 15-16, 1999 at Stanley Park in Westfield. Weekend events include a juried Arts & Crafts Show, Visual Arts Award Show, and Youth Art Show. The show is held rain or shine, and there is food and ample free parking available on the grounds.

Funding for WestFest is provided in part by the National Endowment for the Arts and Massachusetts Cultural Council grants, as well as support from businesses, civic groups, and individuals who help fund youth art programs and Arts Scholarships.

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Sports

Heartbreak Hill At Mullins Center...

Minnechaug Overtakes Brownies To Retain Division I Girls Throne

by **Dave Rollins**
Sports Editor

There are times, when you're chasing that pot of gold, the leprechauns aren't the ones who take it away from you. It can be the giants.

So it went for the Agawam High girls' basketball team last Sunday afternoon in their Western Mass. Division I, 51-46 loss to Minnechaug at the Mullins Center at UMass Amherst.

The two-time defending state champion Falcons just out-sized the Brownies and hit the key hoops at crunch time.

"They are a big team and they hurt us down low, especially in the second half. We got a little tired. They also had some kids step up who you wouldn't expect to do that," Brownie Coach Lou Conte observed. It was the second time in three years the Falcons have thwarted AHS in the Western Mass. title game.

The Marquee Game

This was the marquee game in girls' Division I, a game which was denied the faithful on both sides last year after West Springfield staged a huge upset of the Brownies in the semi-finals.

Agawam was 2-0 against the Falcons for this season in the two regular season games. It burned the barn down for 27 minutes and 15 seconds. That's when it was tied at 36-36. Minnechaug's 6'4" tower, Maureen Leahy, grabbed an offensive board and laid it in. Then fine forward Melissa Kowalski hit two charity shots making it 40-36, and the Falcons would never trail again.

Falcon Coach Dave Yelle said afterward that at that point, he started to get the feeling. "It was in doubt until about the last four or so minutes. We got up by four. The kids realized that it was in their grasp. We protected the ball a little better. We rebounded a little better."

How did it come to those last minutes? Things started out just rosy for Agawam. They managed an 8-0 run at the start to lead 12-4 with 6:30 gone. The Brownies were up 14-6 at the 8:07 mark. At that point, Minnechaug had suffered seven turnovers to Agawam's three. The Brownies, in a breakdown zone, were not going to let the Falcons hurt them underneath. One aspect of the Brownie 'D' was the help Pia Bertone-Gross was getting in the low post. Leahy, a force because she has size and is a very competent player, deserves the attention. When Leahy went low left,

Bertone-Gross had help from senior forward Melissa Cote - low right meant senior forward Barbara Maloni came over. Leahy had only a point in the first half. Bertone-Gross, however, had to sit for stretches in the first half due to foul trouble.

But concentration on one person means others can go to work. Minnechaug closed to 14-10 with 5:19 left in the half on some great shooting compliments of role players Christina Conway and Cheri Murphy, who contributed six points.

Maloni had to hit a three from the right wing to put a foot in the Falcon drive. Agawam was trying to double up on all the Falcon shooters when junior Christal Murphy brought her club to within five, 17-12, with a jumper. After Kowalski canned two, Conway hit another deuce with 2:05 left and it was 17-16, Agawam.

At that point, Agawam was shooting 5-20 from the field. Minnechaug answered at 7-19. Cheri Murphy stepped up again and nailed one. With 1:11 left, Minnechaug had a one-point lead.

Tied At The Half

Maloni, driving the lane at every opportunity, was fouled and went to the line. She had a one and one and drained them both. They went into the lockerrooms tied at 18.

With two minutes gone in the second, Minnechaug was up 22-20. Maloni, who would go 16-23 from the line, hit two. Junior Kate Shannon hit a jumper to make it 24-22, Agawam, at the 13:15 mark.

Leahy was fouled by Bertone-Gross and went to the line with 2:51 gone and hit two - tying it at 24. It was a double-edged blow for the Brownies - Bertone-Gross had drawn her fourth foul and had to sit again. Sophomore Laura Bucalo replaced her. Conte put Cote at center and hoped for some outside help on both sides of the zone against Leahy.

Minnechaug went up, 30-26 with 9:18 left. Cote, who would have 14 rebounds in this game, grabbed one off the friendly glass and powered it back in making it 30-28, Minnechaug. Bertone-Gross had come back in to clear the low paint for Cote. Maloni went to the line with Minnechaug up, 32-28, and got one. Then she drove baseline left, got two, and got fouled. She hit and it was 32-31, Falcons.

Bertone-Gross, living dangerously, grabbed for a pass off a steal from Benton, got it, and laid it in at the 6:49 mark. Maloni went down Broadway after that for the hoop and it was 35-32, Agawam, with 5:45 to go.

Christal Murphy answered that with a deuce and it stood 35-34, Agawam, with 6:52 left. Cote, working the boards and beating Leahy (who had five inches on her), managed a foul shot over the limit. She hit the first of the one-and-one to make it 36-34, Brownies.

Then we come back to Leahy and the rest of the Falcons. It was a short time later that Minnechaug won this game. With 3:50 to play, they'd gone 10-19 from the field as opposed to Agawam's 5-16. Remember when we first started? Despite all the Agawam efforts down the final four minutes, as Yelle said, his club sensed they had it going their way. Minnechaug's biggest lead was 48-41 with 1:27 to go. Bertone-Gross and Shannon fouled out. Maloni, at the 3:20 mark, drove for the hoop at every opportunity. But despite eight tries at the basket from the stripe, she could only hit four. Cote missed both on a foul off a drive with 2:43 to go, but still kept AHS in there with her strong rebounding.

In the end, Agawam had to foul. Minnechaug hit just about every one going in for the 51-46 win.

BROWNIE INDIVIDUAL STATS: Maloni - 27 pts (fgs 5-19, fts 16-23), rebounds - 5, 2 off, 3 steals; Cote - 11 pts (fgs 5-17, fts 1-4), rebounds - 14, 4 off; Bertone-Gross - 6 pts (fgs 3-5), rebounds - 3, 2 off; Shannon - 2 pts (fgs 1-6), rebounds - 2.

AGAWAM TEAM STATS: Fgs - 14-47, 1-3 (29 percent), Fts 17-27 (62 percent); rebounds - 29, 10 off; turnovers - 7. Points allowed off to's - 0.

MINNECHAUG INDIVIDUAL STATS: Kowalski - 17 pts (fgs 6-14, 1-3, fts 4-5), rebounds - 1 off; Conway - 9 pts (fgs 4-5, fts 1-3), rebounds - 1 off; Allen - 8 pts (fgs 4-8, fts 0-2), rebounds - 2, 1 off; Christal Murphy - 6 pts (fgs 1-4, fts 4-6); rebounds - 11, 3 off, 5 blocks; Roth - 2 pts (1-6); rebounds - 4, 2 off; Cheri Murphy - 3 pts (fgs 1-2, fts 1-2).

MINNECHAUG TEAM STATS: Fgs 19-46, 1-3 (41 percent), Fts 12-21 (57 percent); Reb 24, 9 off; Turnovers - 12. Points allowed off to's - 8.

DAVE ROLLINS' coverage of Agawam High sports is just one more reason why you turn our pages ... AAN!!!

* * * * *



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AHS Tough Down The Stretch...

Brownies Put Down Strong Effort From Lancers In Div. I Semi-Final

by Dave Rollins
Sports Editor

Maybe it was their 55-50 loss a couple weeks ago to Longmeadow High. Maybe they remembered last year's frustrating semi-final loss to West Springfield, which kept them out of the Western Mass. finals.

Whatever it was, in Agawam High's Division I semi-final 44-41 win over Longmeadow last Wednesday evening up at AIC, the Brownies came out of the gate like greyhounds with their tails on fire, building up a 14-2 lead with 4:55 to go in the first half.

That performance had the faithful grinning from ear lobe to ear lobe. But, as any old grizzled NASCAR driver knows, you don't win a race on the first lap. Indeed, the Lancers were not going to make things easy for the top seed.

Agawam built up that big lead not so much by playing good offense (AHS really didn't do much of the first half), but because of some good defense, especially on its nemesis from that last game, center Marisa Mosley. "Yeah, we weren't going to let Marisa dominate in the offensive paint life before. Our plan was to get her in foul trouble early," AHS center Pia Bertone-Gross smiled.

And they did. Mosley, a big and strong junior, had three with only 5:39 gone, forcing Lancers' Coach Wayne Patterson to dust off a seat on the bench for her. At that point, Agawam led, 6-2.

One To Remember

Longmeadow was in that 14-2 situation when Mosley came back in with 5:38 left, got fouled, hit one of two making it 14-3. Junior Kate Shannon nailed a deuce for a 16-3 Brownies' lead. But the Lancers were about to crawl back into the fray, which would make this game one to remember, not only for a gutsy comeback, but an equally gutsy Agawam counter-attack for the win.

After the Shannon hoop, Agawam would not score again for 2½ minutes, which gave Longmeadow an opportunity to close it up, 16-9, with 2:30 left. Barbara Maloni stopped the

bleeding with a bucket and it was 18-10 with 1:32 ticks on the clock. Longmeadow went into a semi-press. The Brownies' Laura Bucalo drained a deuce, which was answered by point guard Molly Dullea's trey and it was 20-13, Agawam, with 20 seconds left.

Junior Sheri Benton hit one of two from the stripe. The miss was put back up for two on a great effort by junior forward Melissa Cote, who would have 12 first-half rebounds (16 total), including four off the offensive glass, making it 23-13. A buzzer beater by Ellen Bogdanowicz saw it stand 23-15, Agawam, at the break.

Agawam zoned up to start the second half. Longmeadow went man-to-man and closed to 23-17 on a deuce by Dullea. Mosley grabbed an offensive rebound, got two, got fouled, hit the free throw, and the Agawam lead shrank to 23-20 with 2:05 gone. The Brownies were obviously walking on their heels at this point.

Another Mosley offensive board produced two more points and the Agawam lead shrivelled to 23-22. "Our plan was to try and foul her out," Bertone-Gross noted, then added, "We kept her off the boards for the most part. But, at points we got a little tired. That's when she got the ball."

Bertone-Gross hit a jumper in the paint and Maloni canned two from outside, giving Agawam a 27-24 lead. At that juncture, however, Barbara was frustrated. Longmeadow had kept her from driving to the hoop. And at the 11:59 mark, the Lancers drew to within one, 27-26.

Dullea drew a foul, hit one of two, and it was tied at 27 with 10:57 to go. After the tie, the score would never see either team get ahead by more than three for the remainder of the game. Bertone-Gross canned two from the top of the key. Point guard Jill Gendron hit one from the line, making it 30-27, Brownies.

With 6:33 left, Dullea (nine points) hit a jumper, got fouled, hit it, and for the first time, Longmeadow led, 33-32. Coach Lou Conte admit-

ted that was the time he became the most concerned. "They had the momentum. We were just fighting to stay in it at that point," he said. Mosley, again rattling the offensive boards, got fouled on the failed put-back and hit both charity shots, giving the Lancers their biggest lead of the game, 37-34, with 3:56 to go.

Longmeadow had the ball and a 38-36 lead with 2:21 left. Then Maloni, again trying the lane, got fouled. She coolly hit the two charity shots to tie it up. A trey by Dullea with 1:20 to go saw the Lancers back on top, 41-38. Maloni, who Conte calls 'our big horse' (figuratively), stole the rock deep in the Lancer zone. She raced the length of the court and lofted one in pulling her team to within one, 41-40. It was her first transition hoop in a long time.

After a Longmeadow miss on their next possession, Bertone-Gross popped for two and Agawam went up, 42-41. "We had some kids who'd been there before. They stepped up big time. And maybe there was a little luck involved," Conte smiled.

Longmeadow suffered another miss. A Cote rebound insured Agawam would have the ball with that one point lead. There were 30 seconds left - still plenty of time for anything to happen. Longmeadow was pressing like a Chinese laundry. Three times Maloni tried to ball-handle up the floor. The Lancers, under the limit, fouled her three times in a row. Unfortunately for them, the third was not a charm - they'd reached the limit. Maloni went to the line for a one and one with 14 seconds to go. She nailed them both, making it 44-41, Brownies.

Longmeadow Gets Careless

Longmeadow, needing any kind of score, got careless and turned it over on a missed pass with 11 seconds on the clock right in front of the

SEE SEMI-FINAL - Page 36...

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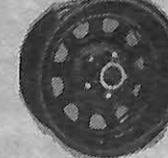
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SEMI-FINAL - from Page 35...

screaming AHS cheerleaders. Agawam had the inbound play. Maloni took the pass from Cote, got fouled with nine seconds left, missed the one and one, but it wasn't done. A Lancer rebound, a timeout to set up something, hopefully a trey, and it's probably into overtime. Like all good shooters, when Maloni missed, she followed the play and went into the melee underneath. Maloni came out with the ball, dribbled to the left wing, and it was over. Agawam was going to the finals.

Maloni had 21 points (below her average of 28 for the season). She came on in the second half, but still had this observation about how the Brownies played: "We gutted it out. It shows how well we can play, even when we don't play well at times. They got the last game. We got this one, which was the big one. We played with more desire in this game," she said with that little assassins smile again present.

AGAWAM INDIVIDUAL STATS: Maloni - 21 pts (7-13 fgs, 7-15 fts), rebounds - 7, 1 off, 2 steals; Cote - 8 pts (4-7 fgs), rebounds - 16, 4 off; Bertone, Gross - 7 pts (3-8 fgs, 1-2 fts), rebounds - 7, 2 off, 1 block; Bucalo - 4 pts (2-2 fgs); Gendron - 2 pts (0-4 fgs, 2-4 fts); Shannon - 2 pts (1-2 fgs), rebounds - 3.

AGAWAM TEAM STATS: Fgs - 17-36 (47 percent); Fts - 10-21 (47 percent); rebounds - 33, 8 offensive; turnovers - 14, no points allowed off to's.

LONGMEADOW TEAM STATS: Fgs - 16-49, two 3's (32 percent); fts - 7-12 (58 percent); rebounds - 21, 10 offensive; turnovers - 11, no points allowed off to's.

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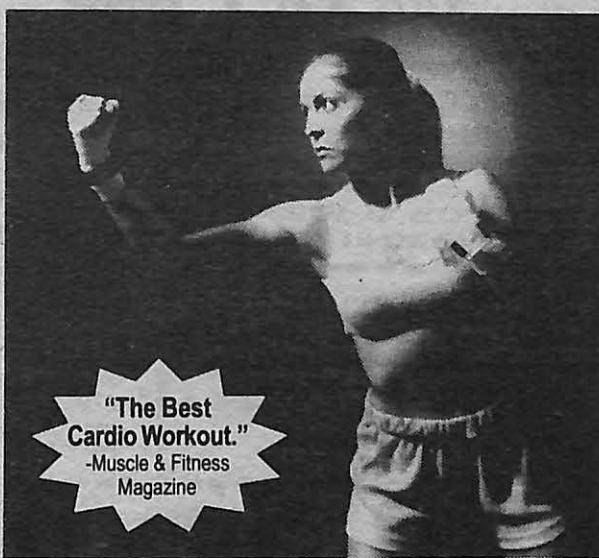
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Magazine

Glenn Olson Named New Coach For AHS Boys' Varsity Soccer

by Dave Rollins
Sports Editor

Agawam High School has a new varsity boys' soccer coach - Glenn Olson. He's 29 years-old and has been involved in soccer at the High School for nine years (seven as the junior varsity coach and two as the freshman coach). He's also a graduate of AHS.

He is a certified soccer official (traveling around the country) and has played the game since 1978.

He was an excellent choice to replace former Coach Dwight Northrup, according to Athletic Director Kathy McSweeney.

"Glenn has done a great job at the freshman and junior varsity levels. He works well with the athletic department, the parents, and the student-athletes, and he understands the philosophy of Agawam athletics - education first and then athletics, and they both work in harmony."

This will be Olson's first varsity head coaching job, and he is taking over a team that missed the Division I playoffs in 1998. The program is his now. "I worked my way up the ladder here. I learned from experience and from Coach Northrup," he told us.

The new coach will bring his philosophy of the game to the program. "I'll let them play. We'll prepare in practice, but come game-time, it is theirs to win or lose. Hopefully, we'll be so prepared that we will definitely have a chance to win every time we take the field."

Olson sees soccer as though it is a chess game when it comes to preparation. "I know the competition in Western Massachusetts. I know how good many of the coaches are. We will make moves to counter what they do. We might not have the strongest program, but with some smart coaching on my part, we can play with them. One of the things I'll work on is convincing my kids that they will never be out of a match."

Reserved Style

His style is reserved. "I don't yell at my kids. I'll teach them the game. And I'm no cheerleader. I won't pace the field. If the players need direction, then they will hear from me."

Olson has had a great rapport with both Northrup and freshman Coach Jeff Rousseau. "We are all very close. We exchange ideas and both of them have some good input," he said.

The new coach doesn't like to predict things before they happen, but he did say this: "If they buy what I have to sell in the way of coaching, then the kids will be a force in Western Massachusetts. They have to be ready in August for the season. They have to be in shape both mentally and physically."



GLENN OLSON

Then he addressed a very important part of the game in this part of the state, which is soccer crazy. "When we are on the field I want the players to play, the coaches to coach, and the fans in the stands to realize that we are doing the best we can do. Parents can't coach from the stands and I hope they don't. We want support, not catcalls. Unless you are down there, you can't imagine what positive things from the stands can do in a close game. They are heard and they can mean a goal and a win."

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Mark Engleman Does Well At New England Wrestling Tournament

by Dave Rollins
Sports Editor

Agawam High wrestler Mark Engleman was the only Brownie to represent the school at the New England schoolboy wrestling championships held last weekend in Essex Junction, Vermont.

"This is a totally different level of wrestling than most kids will see. The moves, the holds, the attitude of the competitors are the best around. Everyone at the New England tournament is a champion from somewhere in the six-state region," Brownie Coach Phil Tomkiel noted.

Engleman, who wrestles in the 145-pound weight class, had four matches over the two days in Essex Junction. His first was against the number-two kid from Maine. The Brownie won, 10-1, to move on to the next round. There, he met the Vermont state champ in the 145's.

An "Unreal" Opponent...

"The kid was unreal. He was the best I've ever faced. He pinned me in the second period," Engleman said.

He was to wrestle the second-ranked 145-pounder in New Hampshire in the third round, but the kid forfeited because of an injury.

His final match was against Pete McGann, the number-three 145-pounder in Massachusetts from Franklin High School. McGann was also the Division II state champ.

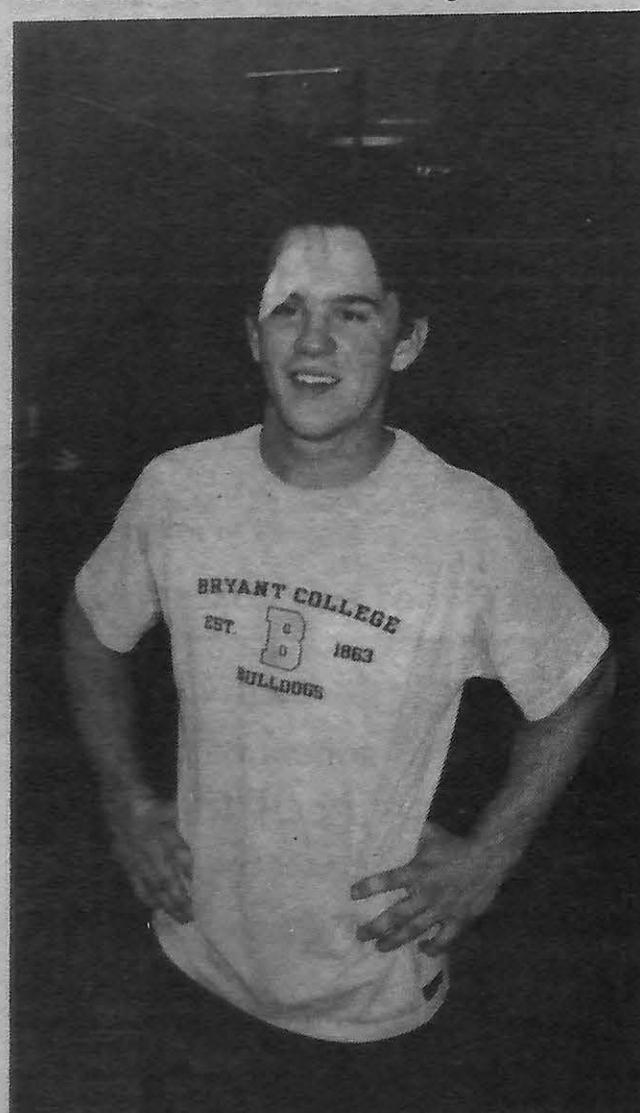
Engleman lost, 12-5. But his overall performance got him eighth place in all of New England schoolboy wrestling, no small achievement for a kid who really had only two years of varsity experience.

"Mark did a great job for us all year long and last year as well. His showing at the New England's was outstanding," Tomkiel smiled.

One note: After the tournament was over, the coach and his wrestler had to drive home during last weekend's snowstorm. It's about an 80-mile trip from Essex Junction to Agawam (usually about a 90-minute drive).

"It took us five hours to get home. It was quite a trip," the coach laughed.

Engleman finished up this year with a record of 31-8. In the 145's, he was the Western Mass. champion, third in Division I in Massachusetts, fifth in the All-States, and eighth in New England. And he will be named for the second year in a row to the All-Western Mass. wrestling team.



MARK ENGLEMAN took some lumps this season as a Brownie grappler. Advertiser News photo by Dave Rollins.

Our "Profiles" of AHS student-athletes are just one more reason why you turn our pages...

Profile...

Wrestler Mark Engleman Reflects On His Days On The Mat For AHS

by Dave Rollins
Sports Editor

After Agawam High wrestler Mark Engleman's fine winter season, the senior took time out to talk about himself and his days at AHS. Mark is 18 years-old. His birthday is April 23rd. He is 5'10" and weighs in at 150 pounds. He has spent all four years of his secondary education at Agawam High.

He's lucky. All his requirements for graduation have been met, so he can take the courses that most interest him. "I want to be a shop teacher some day, so shop is what I'm concentrating on right now," he said. Mark also takes a pottery course and admits he's pretty good at it. "I bring some home to my mom every now and then. She uses them around the house," he smiled.

His favorite teacher is English teacher Rosemary Stratton, the mother of Agawam High athletic trainer Dave Stratton.

Mark would like to attend Keene State College in Keene, New Hampshire where he will pursue a degree towards teaching shop or industrial arts.

His only sport at the High School was wrestling, which he did for four years. As a junior and senior, he was an important member of the varsity. He was a senior captain this season.

His most memorable sports moment came at this year's Western Mass. finals. "It was in the 189-pound weight class. Our guy, Justin Petrangelo, was wrestling this kid from Ludlow (Dmitri Privedenyuk) who was very good. Justin picked him up, slammed him to the mat, and almost got a pin. It was exciting because the kid was a high seed and was supposed to win," he smiled. (Privedenyuk went on to win, 10-5, for the 189 crown and a Western Mass. title for Ludlow, 221½ to 221 over Agawam.)

He saw the 1998-1999 season like this: "It was a little disappointing because we didn't defend our Western Mass. title. But we did well enough. Our upper weight classes struggled a little, so our lower weights had to step up, which they did. I'm very proud of everyone in our program."

Now that Mark doesn't have to worry about making his weight, he can afford to eat. His favorite food is chicken parmesan.

Orange and brown is his top color combination.

His favorite car is a BMW Boxer.

When Mark wants to kick back and hang out, it's at the beach.

He likes all kinds of music except country and gospel.

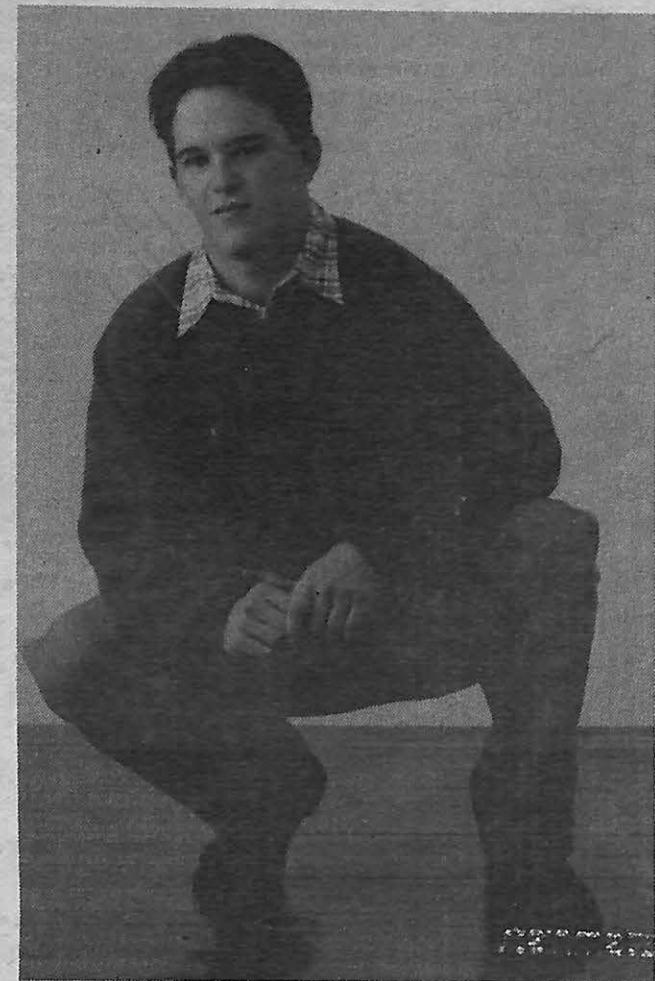
His tastes in clothes run to the casual - jeans and a polo shirt, etc.

"The Simpsons" is his favorite TV show.

Mark's favorite flick is "The Usual Suspects."

Gail is his mom's name. Mark is his dad.

He has a younger sister, Rachel, who is 16 and



MARK ENGLEMAN

a member of the varsity girls' cheerleading squad at AHS.

He looks up to all the wrestlers who came before him in the program. "I would watch them and hope what I learned would get me a spot on the varsity," Mark noted.

He would like to be remembered thusly: "I liked everyone, and loved to wrestle. And I feel I put everything into everything I did while I was there."

"Mark did a phenomenal job considering he had no formal training in the sport when he came to us as a freshman. He was a good captain who worked hard and was a smart wrestler who always seemed to rise to the caliber of competition he came up against. It's too bad he didn't have another year with us," Coach Phil Tomkiel said.

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AHS Girls' Team Finish Successful Ski Season

The first race of the year in "A" division brought a disappointing last place finish, which obviously served as a wake-up call to the Agawam High School girls' ski team.

The remaining races brought finishes of as high as third, and no lower than fifth.

With the loss of seven seniors after last season, the team headed to the "A" division for the first time. Under the leadership of the team's three captains, **Laura Charest, Caroline Scherpa, and Kerry St. Laurent**, and a great group of younger skiers, the team was able to cope with the loss of the seniors.

Unlike years past, this year brought specialists in the two events. The top times in slalom were not the same as the top times in the giant slalom. This season's top time in slalom was **Kerry St. Laurent**, whereas the top time in the giant slalom was **Caroline Scherpa**.

Pushing the leaders in both events all season was **Jen Pietroniro**. By the end of the season, Jen took over the top spot in both events at Western Mass. Another skier pushing the top skiers for the number one spot all season was **Caroline Scherpa**.

Last season, the slalom event was the team's trouble spot, but this season, it seems to have been the better event. Following Kerry and Jen, there were several strong finishes in slalom. The names to watch for in slalom next year will be **Amy Jensen, Janet Jock, Ashley Guiel, and Katie Feato**. A normally strong slalom skier, **Courtney Adamczyk** was on injured reserved all season long. Look for her next year!

On the giant slalom scene, moving up from the junior varsity spot to varsity was **Alyson Garvey**. Alyson had some impressive finishes this year and was not to be denied a varsity spot. Also coming on with strong finishes were newcomers **Courtney Nowill and Danya Decoteau**. Both seem to like the giant slalom event.

This season, every skier was able to compete in at least one varsity event, earning the new skiers a varsity letter.

This season, one skier broke into the top 10 in "A" division: **Kerry St. Laurent**. She was also individually seeded for Western Mass., and skied in the state championship race, due to having finished the season 23rd in the league. **Laura Charest** was also individually seeded for Western Mass. The team placed six girls in the top 50 at Western Mass.

Coach Graveline perceives a difficult time with placement on race order next year due to how well all the girls are skiing. The girls' times are in groups, but very close within each group. The coach expects to see Amy Jensen come back with a very strong year in slalom, as well as the present leaders in each discipline.

In the giant slalom event, expect to see a battle developing for spots between the present leaders and newcomers Alyson Garvey, Katie Feato, and Ashley Guiel. Also look for a breakout year for Janet Jock in both disciplines; also, Courtney Nowill and Danya Decoteau in giant slalom.

The big plus for next season is that the team comes back fully intact, and with any luck, will pick up a few freshmen to keep the program growing. This season was a learning experience in "A" division. Next season, this team will make its presence known in the PVIAC.

The girls would like to thank all the parents for their continuous support of the program, and most especially for their efforts on Individuals day. The girls realize how difficult it is to fit the time into their schedules, and want them to know that it is greatly appreciated.

"We hope to see you on the slopes next year, and let's hope Mother Nature gives us a better winter next year," said Coach Graveline.



MEMBERS OF THE 1998-1999 AGAWAM HIGH GIRLS' SKI TEAM were elevated to Division A this winter. They are coached by Jim Graveline (right).

Former South Hadley Native New Coach Of AHS Football

by **Dave Rollins**
Sports Editor

Agawam High School has a new varsity football coach - Tad Desautels. He is replacing long-time Coach Dean Vecchiarelli, who stepped down following the 1998 season. Desautels is 28 years-old and was a lifelong resident of South Hadley before moving to Tolar, Texas two years ago.

"I have my roots in Western Massachusetts. It's always been my goal to finally get a job, both as a varsity football coach and a physical education teacher back in this area. Agawam has an excellent school system, an excellent football program, and is a great community," the new coach said from his home in Tolar.

After his graduation from the master of education program at Springfield College in 1998, where he majored in physical education with a concentration on teaching and administration, he moved to Texas. "I played football all my life, first in high school, then at Springfield College. I've always wanted to coach the game. A friend of mine who played on the team with me at Springfield went down there. He told me some things about football in Texas; how it is almost a religion and whole communities come together and are defined by their football team. I felt it would be a good place to learn the heart and soul of the game. So, I went there for the experience of a place like that," he said.

Headed South

Desautels took his resume, which was impressive - assistant varsity football coach and head freshman football coach at Springfield College; assistant varsity football coach at Maine Maritime Academy; assistant varsity football coach at Cathedral High School - and then headed south.

He was an elementary physical education teacher and more importantly, the varsity football defensive coordinator for Tolar High School, the Class A District champions last year with an 8-3

record. The school, located 45 minutes south of Fort Worth, has a total enrollment of only 157 students.

"We didn't have a big team number-wise. But we did manage to field two platoons on both sides of the ball." There he did indeed learn the Texas-style of football.

"The teams are always prepared and ready for the game that day. There is no wasted motion in practice. The kids are lean, mean, and hungry and know the game almost as well as their coaches. They play with pride and play to win."

Desautels stresses that he'll bring a high level of enthusiasm to the job. "As I said, I'm a serious student of the game. If you happen to be like that, then you're always searching for the things that breed success."

Two aspects he particularly stresses are the fundamentals and being in the best shape possible. "You must come to the first day of pre-season practice in mid-season form. We don't have time to get players up to physical speed in the pre-season. That's not the way your outlook on the game should be," he noted.

As for the fundamentals, he said these vital aspects of the game should be learned so well that in the heat of battle, they become instinctive.

"I'm not a screamer. It can happen, but usually for discipline reasons - if someone continues to blow an assignment or continues to have mental lapses or maybe if I feel a kid isn't playing up to his ability level," Desautels pointed out.

Then he added, "You have to be very positive in this game. Everyone should be treated with respect. I'm democratic. I'll listen to anyone, assistant coach or player, with what I feel is a

SEE NEW FOOTBALL COACH - Page 40...

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Conte, Hadden Have Good Seasons At Suffolk University

Amber Conte and Shauna Hadden, 1998 graduates of Agawam High School, were members of the Suffolk University women's basketball team that compiled an 18-9 record for the 1998-1999 season, best in the school's history in women's hoop.

Conte played in all 27 games as a point guard and averaged 5.3 points per game and finished second in team assists with 100. Hadden played in 12 games and is an honor student at Suffolk.

She and Conte were teammates on the championship Agawam High girls' softball team last spring. Conte also played varsity girls' soccer and was named as an All-Western Mass. third baseman in Division I for the second consecutive season in 1998 for the Brownies.

For AHS hoop, Conte played at both shooting guard and forward and was well-known for her tenacious defense as well as excellent three-point shooting.

Hadden played power forward for the Brownies and helped with the team's inside game.

The two Agawam freshmen were among eight Western Mass. residents who were members of the Suffolk women's basketball team.

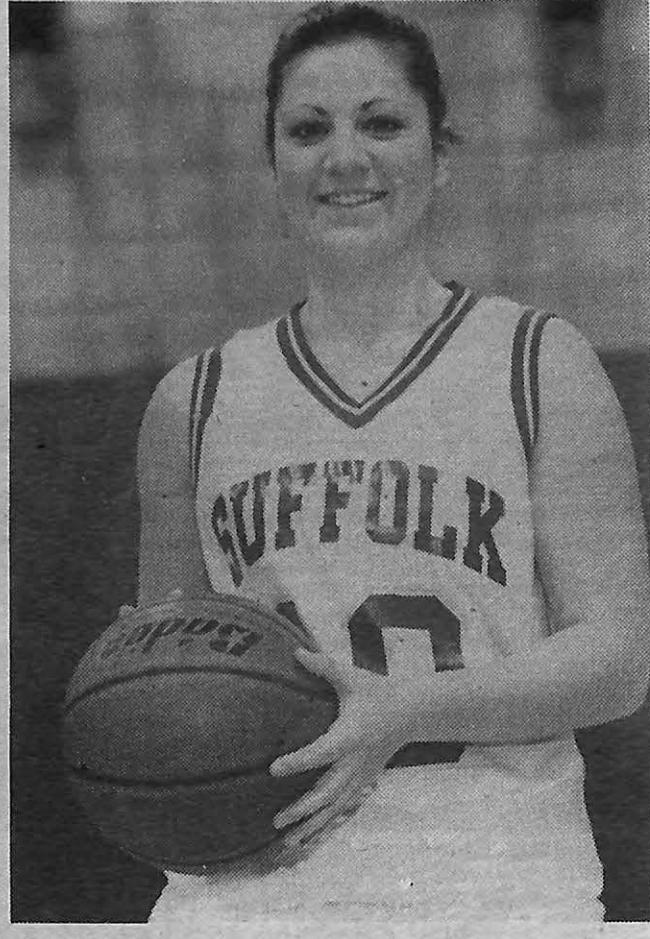
Agawam Babe Ruth Slates Late Sign-Ups

The Agawam Babe Ruth League has scheduled its Late Baseball Sign-Ups for March 17th from 7:30 to 8:30 p.m. at the Agawam Public Library.

The League is for 13 to 15 year-olds. Any person who turns 13 by August 1, 1999, but has not turned 16 by the same date, is eligible to participate.

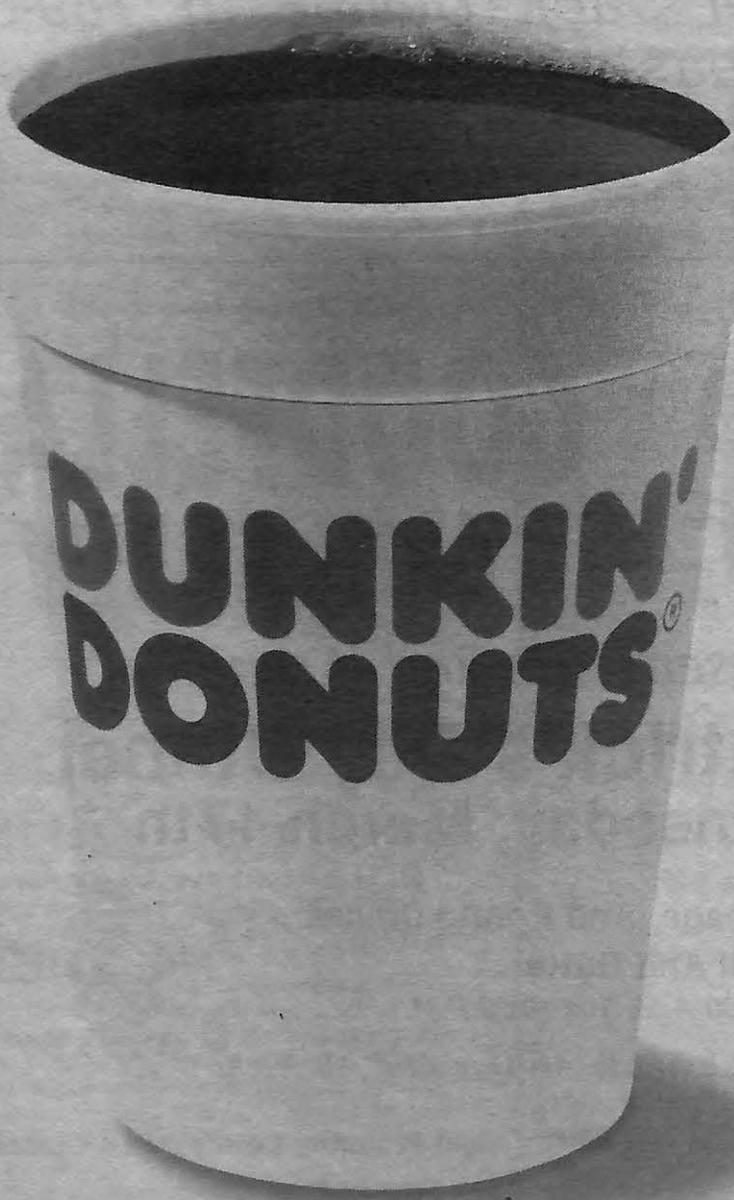
The registration fee is \$75. Anyone who signs up after March 17th will be charged a late fee.

For further information, please call William Walsh, 786-7701, or John Debonville, 786-3588.



FORMER AGAWAM HIGH GIRLS' BASKETBALL PLAYERS SHAUNA HADDEN (left) and AMBER CONTE were members of the Suffolk University's women's varsity basketball team during the 1998-1999 winter season.

PLEASE REMEMBER our deadline is every Tuesday at noon. We open weekdays at 6:30 a.m. Thanks.



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March 21, 1999

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AAA 5th/6th Grade Girls' Hoop Go 18-0 To Win Suburban Title

The Agawam Athletic Association's 5th/6th grade Division A girls' basketball team capped its spectacular 1998-1999 Suburban League season by defeating Wilbraham in the playoff championship game on Sunday, March 7th, at Our Lady of the Elms College in Chicopee.

After running through a perfect 16-0 regular season, including two wins over Wilbraham, the AAA girls won the playoff semi-final and then defeated Wilbraham again for the title and an overall record of 18-0 in the Suburban League.

The AAA girls also have several other major accomplishments this season, including: runners-up in the West Springfield Suburban Kick-Off Tournament in December (lost to Wilbraham in finals); champions of the Northampton Girls' Basketball Tournament in February (beat Wilbraham in the finals); and runners-up in the CYO Division A (lost to St. Mary's of Ludlow in final - a combination of Ludlow, Wilbraham, and Palmer girls).

Currently, the team is participating in the prestigious Chicopee Girls' Basketball Tournament (easily won their opening game vs. Belchertown), as well as the Springfield Diocese CYO Bishop's Tournament. The AAA is considered one of the top teams in both tournaments.

Team members are Julie Czuprynski, Elise Davilli, Lauren Peltier, Jamie Cullen, Kara Powell, Susan Jenney, Jessica Pokora, and Elizabeth Barker.

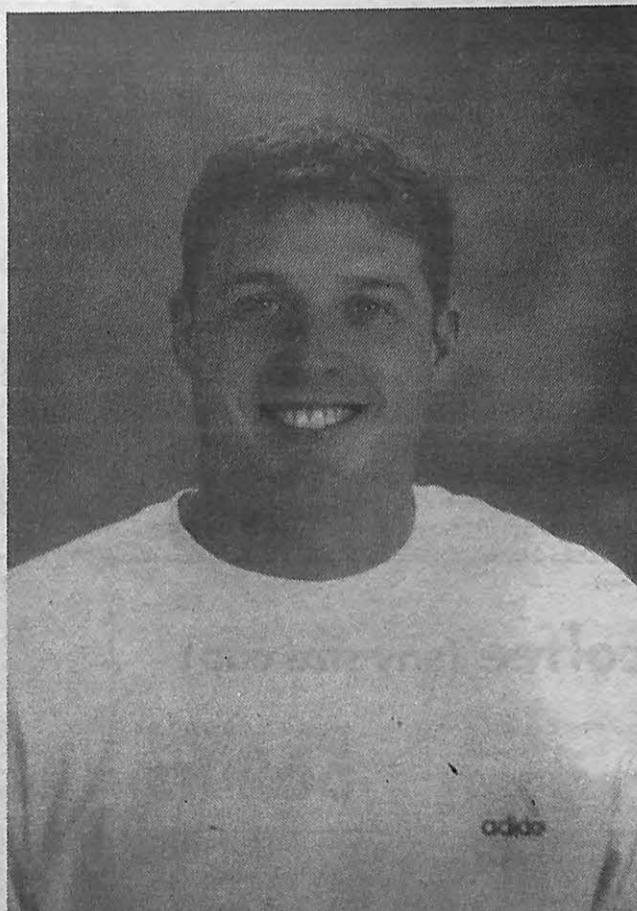
The team is coached by Bob Hersey and Harold Cote.

NEW FOOTBALL COACH - from Page 38...

legitimate idea about how to make our team better. Of course, in the end, I'll have the last word," he smiled.

Any Change In Offense & Defense?

Will there be a change in the Agawam offense and defense? "I'm more of a running attack type of coach. We'll have some very effective running plays off a variety of sets. We will do a few things very well rather than a lot of things not quite so well."



TAD DESAUTELS

He is very aware of Brian St. Jean's ability at quarterback. He hopes to get the senior to be in situations where his passing will complement the running game.

The defense will be somewhat Texas-style. "We'll go out of a four-six, with some guys or everyone coming on every play. Our main goal will be to stop the run. Then, still with pressure on the quarterback, we'll deal with the pass," he said.

At presstime, Desautels is concentrating on his duties down at Tolar, so he hasn't had a great deal of time to look over the films of last year's AHS team. "Most of what I know right now comes from word of mouth. I've heard some very positive things," he admitted.

He will be in town later this month to get a better read on the team and the current coaching staff.



MEMBERS OF THE AGAWAM ATHLETIC ASSOCIATION'S Division A 5th/6th grade girls team defeated Wilbraham on Sunday, March 7th, in the championship game of the Girls' Suburban Basketball League. The AAA team finished the regular season at a perfect 16-0 and then won two playoff games to go 18-0 overall. Team members include, back row, from left - Coach Harold Cote, Kara Powell, Susan Jenney, Jessica Pokora, Elizabeth Barker, and Coach Bob Hersey. Front row - Julie Czuprynski, Elise Davilli, Lauren Peltier, and Jamie Cullen.

* * * * *

For photo coverage in The AAN, call photographer Jack Devine at 789-0053; however, please give Jack at least 48 hours' notice prior to your event.

* * * * *

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Riverside Speedway Unveils 1999 Racing Schedule

Exciting New Events Highlight 51st Season Of Auto Racing

Highlighted by two appearances of the NASCAR Featherlite Modified Series, Riverside Park Speedway will host a total of 40 auto racing events in 1999. Pro Stocks, Trucks, Sportsman, and Super Stocks will support the 200-lap Featherlite Modified Series season opener on March 27th and 28th, and the NASCAR Winston Racing Series will resume on Saturday, April 10th.

NASCAR "Tour Type" Modifieds, a Saturday night staple at the Agawam, Massachusetts quarter-mile oval since the 1950's, will compete for Riverside Park's \$10,000 Modified Track Championship in a total of 21 feature races between April 10th and the Winston Racing Series season finale on Saturday, September 11th. Modified drivers will have another chance to strut their stuff when Riverside Park hosts the Second Annual New England Championships for NASCAR Modifieds, SK Modifieds, Pro Stocks, Trucks, Sportsman, and Outlaw Late Models. The New England Championships will feature two days of action, with practice and qualifying for all divisions taking place on Saturday, October 30th, and feature races on Sunday, October 31st.

On Saturday, June 19th, fans will witness a New England first — the Inaugural Figure 8 Trailer Race, where Enduro style cars will race through Riverside Park's Figure 8 course, pulling behind them trailers of all shapes and sizes. The winner will be determined by the last trailer trailing intact. Director of Auto Racing David Deery, a nationally renowned motorsports thrills specialist, says, "This event is a must-see! With all those trailers out there, it's like a rolling demolition derby!"

On Saturday, July 10th, Riverside Park will present the Night of Destruction Thrills Spectacular. Featuring WWF Monster Trucks, a School Bus Figure 8 Race, Stock Car Football, the Green Mamba Jet Meltdown, and many other amazing acts, this event will excite fans of all ages.

For fans looking for more traditional racing action, NASCAR Touring events fill the schedule as well. The Featherlite Modified Series will open its season at Riverside Park in March, and return for a 200-lap race on Labor Day Weekend. Fans of NASCAR Grand National racing can enjoy 150 laps when the Busch North Series comes to Agawam on Saturday, May 1st. For the first time ever at Riverside Park Speedway, the Busch North Series event will feature infield pitting during the race.

The International Super Modified Association (ISMA) will make its second appearance at Riverside Park, headlining the card for the Open Wheel Spectacular on Saturday, August 21st. The ground-pounding ISMA Super Modifieds will run for 75 laps, along with 25 laps for the Northeastern Midget Association (NEMA), 25 laps for the Pro 4 Modifieds, and 20 laps for the American Three Quarter Midget Association (ATQMR).

Support divisions for the 1999 NASCAR Winston Racing Series events will again include the hard-charging Pro Stocks, the second season for the Super Trucks, the ultra-competitive Sportsman division, the always exciting Super Stocks, and the "crazy" Figure 8's. Riverside Park's Pro Stock Division will compete in 20 feature races, earning points toward the Winston Shorttrack Series by NASCAR. Three-time Pro Stock Champion Eddy Carroll III earned the Winston Shorttrack Series New England Regional Championship in 1998, the first year of that series.

Other schedule highlights include Budweiser returning as the sponsor of the Budweiser Triple Crown Series, where drivers in the Modified and Pro Stock divisions can earn points towards the Budweiser Triple Crown Championship and a share of the \$6,000 in bonus money for that series. Modifieds and Pro Stocks will tackle the first leg of the series with 100-lap features on May 29th, followed by 125 laps each on July 3rd, and the third leg of the series will feature 150-lap races for the Modifieds and Pro Stocks on August 28th.

Riverside Park Speedway's 1999 schedule will be complemented by the \$2,000,000 capital improvement project designed by parent company Premier Parks, Inc. to improve the traffic flow in and out of the Agawam, Massachusetts facility. Fans can learn more about traffic plans in and around Riverside Park at the upcoming Race A Rama show in early March.

For more information about the 1999 scheduled, call (413) 786-9300 or visit www.riversideparkspeedway.com on the world wide web.

Our deadline is each Tuesday at 12:00 noon...



MEMBERS OF THE SACRED HEART 5th/6th grade CYO team that recently won the CYO Division A championship. Back row, from left - Coach John Gibbons, Jonathan Gibbons, Andrew Wakelee, Tom DeCosmo, Scott Santinello, Joey McGeoghan, Coach John Wakelee, and Coach Fred Perry. Front row - Ryan Pellerin, Kurt Schebel, Mike Santos, Kyle Perry, Kevin Malloch, Matt Michalak, and Coach Mike Pellerin.

Sacred Heart 5th/6th Grade Boys Win CYO Championship Over St. Pat's, 33-30

The Sacred Heart of Agawam fifth- and sixth-grade boys won the C.Y.O. "A" Division championship on Sunday, February 28th at Ludlow High School.

The boys defeated St. Pat's of South Hadley in the title game, 33-30. St. Pat's, the number one seed, is a very strong team which had already won four tournaments this winter (Granby, Pittsfield, Holyoke, and Springfield).

Sacred Heart had already lost to St. Pat's three times earlier (once in the season and twice in the Holyoke tournament). Both teams started slow with strong defense controlling most of the first half. Then St. Pat's went on a run to end the half, leading 12-5.

Sacred Heart came flying out of the locker room

and scored the first 16 points of the second half to take a 21-12 lead. The boys from Agawam then held on to win the game, 33-30.

Scott Santinello led Sacred Heart with 15 points, followed by Andrew Wakelee with seven points, and six points from Tom DeCosmo. Sacred Heart got to the championship game by beating St. Mary's of Longmeadow in the semifinal, 35-26.

Santinello had 10 points, Wakelee had seven points, and Kyle Perry, six points. The other important members of the team are Joey McGeoghan, Kevin Malloch, Jonathan Gibbons, Matt Michalak, Kurt Schebel, Mike Santos, and Ryan Pellerin.

Coaches are John Gibbons, John Wakelee, Mike Pellerin, and Fred Perry.

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Sat. 8:00 AM - 12:00 Noon





Outdoors New England

by Kent Servis
Outdoor Writer

What's New In Outdoor Products?

Several new products of interest to the hunter and fisherman have come on the market recently.

One of the products of great importance is not a piece of hardware, but a vaccine. Developed by Smithkline Beecham Biologics Division is the new Lymeric Vaccine to prevent Lyme Disease.

Lyme Disease has become more prevalent in the northeast over the past years and is a seriously debilitating disease.

I was scheduled to attend a conference in Manhattan on March 9th that was being sponsored by Smithkline Beecham, and I will have more to report on this important matter.

Fishermen should take note of a new offering by the L&S MirrOlure company out of Largo, Florida. The new Top Dog and Top Dog Jr. surface lures are just in time for those Connecticut River stripers. These are "walk the dog" type lures with a loud rattle system. The design of the lures makes controlling the action very easy.

The finish on the lures is outstanding, and top-quality components are used throughout. The lifelike 3D eyes lend some real strike-inducing "lifelike" realism. The slightly smaller Jr. model should take its share of freshwater bass during the year when they can be coaxed to the surface once the water warms. They should be on the shelves in better tackle shops soon.

Lowrance Electronics has some new navigation/fish finder offerings this year. The GlobalMap 1600 and the GlobalMap 2000 have some very refined features. Top-line LCD fish finders have been integrated with the latest in GPS systems.

The pinpoint accuracy problem was due to the government "de-tune" of the satellite system. Although 100-year accuracy is fine for many applications, a lot of folks thought that the old LORAN system was more accurate.

PROBLEM SOLVED! The new units can inter-

Golf Privilege Card Can Bring Spring One Step Closer

Tired of winter already? Got the post-holiday blahs? The good news is that the days ARE getting longer AND the Golf Privilege Card® is available for spring at only \$39.95.

You can look forward to over \$1,400 worth of golf-related discounts this spring, summer, and fall. This statewide card has 74 golf courses, 26 of which are in Western Mass. as well as 26 golf-related businesses, 11 of which are in Western Mass.

For details, call the American Lung Association of Western Mass. at (413) 737-3506 or 800-LUNG-USA (in Mass.). Proceeds from the Golf Privilege Card® underwrite asthma education for children and adults in Hampden, Hampshire, Franklin, and Berkshire counties.

Best local news...

Use your brain to save your brain from a stroke.

Learn to call 911 quickly if you have one or more symptoms of stroke, like numbness in one side of the face or one limb, sudden dimness or loss of vision, loss of speech, sudden severe headache or dizziness along with the above signs. Call the AHA's Stroke Connection at 1-800-553-6321 to learn more about stroke symptoms or visit <http://www.amhrt.org> on the World Wide Web.

American Heart Association
Fighting Heart Disease and Stroke



AGAWAM POLICE SERGEANT DONALD LONCTO bagged a moose up in Maine recently. Pictured are Dan Pelley, Mike and Mark Bloteau, and Donald Loncto.

face with what is called a differential receiver that integrates the GPS satellite receiver with one that receives a land-based beacon. The result is accuracy to within 10 to 15 feet.

The GlobalMap can display a chart screen which shows you exactly where you are and the units can take the Sea Map cartridges for really detailed "in close" displays of local charts.

With the ability to store a couple hundred plus waypoints or locations, this is a wreck fisherman's dream come true! With the optional differential receiver, you can not only find that underwater hot spot, but can return to it within 10 to 15 feet of the saved location.

Navigation screens give your heading and speed along with VMG over the bottom, steering guides to put you back on course, and a whole host of other very useful stuff. I will give you some

more information on how this works once I finish installing it.

ONE LESS MOOSE IS LOOSE

As earlier reported in this column, Agawam's own Don Loncto had downed a 935-pound moose while hunting in the Blackwater section of New Sweden, Maine, last fall. Don and his party saw 10 moose that day before downing this beauty with one shot from his Winchester 338 mag.

A picture is worth a thousand words, so here is Don's trophy moose! (With apologies to Don for misplacing his photo earlier.)

Pictured from left to right is Dan Pelley, Mike and Mark Bloteau, and "The Man" himself, Don Loncto. Looking at the size of his trophy, one can understand the age-old wisdom of where is the best place to shoot a moose ... right next to the truck!

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B'Shara's	1	1	0	2
Games And Lanes	0	2	0	0
Ludlow	0	2	0	0
10-11 GIRLS				
Our Lady Of Hope	2	0	0	4
Twisters	1	1	0	2
West Side	0	2	0	0
10 BOYS				
Games And Lanes	2	0	0	4
Lightning	1	1	0	2
West Side	1	1	0	2
Bandits	1	1	0	2
Falcons	1	1	0	2
Flames	0	2	0	0
12 BOYS				
Ball Hogs	2	0	0	4
Vipers	1	1	0	2
Annihilators	1	1	0	2
Cheetahs	0	2	0	0
HIGH SCHOOL GIRLS				
West Side	2	0	0	4
Red Devils	1	1	0	2
Holy Name	1	1	0	2
Cosmos	0	2	0	0

Youth Cheerleaders Holding Tryouts For 1999 Season

Agawam Youth Cheerleaders will hold tryouts and registration for the 1999 cheerleading season at the Agawam Middle School on the following days:

Monday, March 22nd, 5:00-7:00 p.m.; Tuesday, March 23rd, 5:00-7:00 p.m.; Wednesday, March 24th, 5:00-7:00 p.m.; and Thursday, March 25th (tryouts), 5:00-7:00 p.m. (juniors), 7:00-9:00 p.m. (seniors).

All children who are entering grades five and six in September 1999 are eligible for the Junior Squad. All children who are entering grades seven and eight in September 1999 are eligible for the Senior Squad.

Pee Wees (grades three & four in Sept. 1999) will be determined by the number of applicants.

For more information, please call Sue Svadeba at 786-2592 or Irene Lemieux at 789-3071.

Agawam Parks & Rec. Announces Upcoming Programs

PIRANHAS SWIM TEAM:

Sponsored by the Agawam Parks and Recreation Department.

For boys and girls, ages five to 18.

Monday through Thursday, 6:30 to 8:30 p.m., at the Agawam Junior High School and Perry Lane Pools.

Fee: \$60 per participant.

Season runs the second week of May through the end of July.

New swimmers will try out for the program from April 27th through April 30th between 6:00 and 7:00 p.m. at the Junior High School Pool.

Registration will be accepted at the Recreation Office from 9:00 a.m. to 4:00 p.m. beginning Monday, May 3rd, and ending Friday, May 7th.

YOUTH TRACK PROGRAM:

Participants will learn the fundamentals of track and field.

Open to boys and girls, ages seven to 14.

Held at the Agawam High School on Sunday afternoons, beginning April 25th.

Registration now being accepted at the Recreation Office.

Fee: \$25 for six weeks. Instructor: Dan Pryce.

WALKING GROUP:

Any adult interested in walking for exercise is asked to contact the Recreation Office.

The program is coordinated by Officer Karen Langevin and participants meet weekly to walk at the AGAWAM HIGH SCHOOL.

For more information on the above programs, call the Recreation Office at 821-0514.

(Watch for detailed information on summer camps and other programs.)

San Diego Chicken To Be Featured On "Agawam Night"

The Springfield Falcons are pleased to announce Agawam "San Diego Chicken Night," sponsored by the Agawam Recreation Department on Friday, March 19th at 7:30 p.m., as your Falcons host the Adirondack Red Wings at the Springfield Civic Center.

In his only appearance of the season, bring the family to see the funniest chicken in the world lay his eggs all over Screech's "nest"!

Group night discounted tickets are available at the Agawam Recreation Dept. weekdays. Adult/senior discounted tickets are priced at \$9.50 each, and all kids, 18 and under, get in for only \$6.50 each. As always, there is free parking for all Falcons' games in the Civic Center parking garage with your ticket stub.

For further information, kindly call the Agawam Recreation Dept. at 821-0513. All ticket purchases must be made by Wednesday night, March 17th at 4:00 p.m.

As an added bonus to Agawan night, Mascot Screech will make a public appearance at the Agawam Middle School, Wednesday, March 10th from 6:30-7:30 p.m. to sign autographs.

Tickets for Agawam night will also be on sale that evening!



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In Tri-Parish Bowling...

What's This? Boston College Is Now The Leader Of Round 3

One of the realities of life is that weather in New England can radically change without much notice. However, this same truism can also apply to the Tri-Parish Bowling League.

On Monday, March 1st, Boston College (13.5-6.5) became the third team in just three weeks of rolling to assume the mantle of leadership on the local lanes. To put it bluntly, round three is certainly proving to be unstable.

Nevertheless, Fordham (13-7) is practically breathing down BC's neck, and third-place Holy Cross is definitely still in the running for the round title. But, the biggest newsmaker on this particular night was probably St. Louis (11.5-8.5), which went from first to fourth in just one short week.

As for the rest of the standings, St. Anselm's and Georgetown are tied at 11-9; St. Mary's is at 9.5-10.5; former cellar-dweller Notre Dame had a great night to raise its record to 7-13; and Catholic University and St. Michael's are presently locked in a dead heat for last place at 5-15 each.

In regard to this evening's match-ups, BC downed Georgetown, 3-1; St. Mary's got the better of Catholic University, 3-1; St. Anselm's dominated St. Louis, 3-1; Notre Dame completely clobbered St. Michael's, 4-0 (congrats, ND!); and Fordham and Holy Cross split two games apiece.

"Jolly" OLLY MULDREW (124 single string, 351 triple string) was the men's best bowler on the first Monday of this month, and other solid performances were delivered by RON "The Don" MENARD (111 single, 329 triple), "Luscious" LOU MULDREW (119, 322), "Jungle" JIM MCCORMICK (115, 316), "Richy" RICH SNYDER (123, 309), ROGER "Rabbit" JOSEPHSON (116, 300), and FRANK "The Tank" CERPOVICZ (106, 288).

With a 131 single string and a 339 triple string, "Testy" BETSY CANNON led the lady rollers on March 1st. Meanwhile, "The Mighty" DEB POIRIER's 116 single and 333 triple were good enough for second place.

Also shining on the lanes for the gregarious Tri-Parish gals were JAN "Not The Man" FULLER (125, 326), "Go With The" FLO ROCHFORD (109, 316), "Scary" TERRY CERPOVICZ (110, 312), MAYBETH "Miss Consistent" COUGHLIN (114, 297), and "Juicy" LUCY MENARD (110, 295).

4H Horse Club Seeks Donations Of Used Or New Trophies

The Mane-I-Acs 4H Horse Club is looking for donations of used or new trophies to be refurbished and used in our June horse show.

The trophies may be any size and from any activity.

For pickup, please call Bernice Rueli in Agawam at 789-1512, or Janet Pohlman in Southwick at 569-5948.

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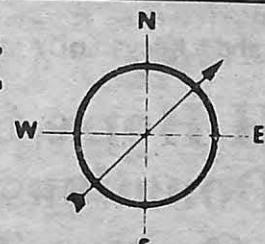
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